Weekly E-Blast

Unitarian Universalist Community Church Wednesday, August 7, 2024

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69 Winthrop St., Augusta ME (207)622-3232 – <u>info@augustauu.org</u> <u>www.augustauu.org</u>

A Message from our Minister

Sunday, February 11, 2024, is fresh in my mind, heart and soul as this new season of settled ministry begins. For a winter Sunday in February, the warmth of gathered community was present. The joy and appreciation I felt the day you voted to call me as the next settled minister for the Unitarian Universalist Community Church continues to wash over me. We GET to share this community ministry together. How amazing the last year has been with you. I admire the creativity, commitment and compassion that you bring to this beloved community and to Augusta and the surrounding community.

I can't wait to see what good trouble we'll get into this year together. UUCC is a space and place that invites us to live the way we wish to be in the world. Our commitment to Unitarian Universalism is needed more than ever as we watch the shifting landscape of democracy and community. Can't wait to join with you as we live our faith forward together.

Love and Light,

Rev. Donna Dolham, she her

Sunday, August 18th -- Special Coffee Hour

Please join us for a special visiting time with Cal Sizelove following the service on Aug 18th. Cal has been a member of our congregation for many years with his wife Jean. Jean and Cal recognize that now is the time for visiting with Cal as he moves through this stage of living with dementia. Cal and Jean will be attending church in person for this special day. Please come and join in sharing loving space, stories and connection with Cal and Jean.

Coffee Hour Hosts will be Kay Fritz and Lori Milner

Peace,

Rev. Donna, she, her

Upcoming Services

Cumdov	Hymn Singing with Hal			
Sunday	Harold Booth			
August 11, 2024				
Ingathering music to begin at 9:55 a.m.	Hal brings us another selection of hymns - mostly not in our hymn books, selected primarily for the music - that he has harvested from various sources. Most of them have been "massaged" to fit with UU-sensibilities. Chances are that you will recognize the tune, or enjoy it if you don't.			
	A special thank you to our worship arts team. Lori Milner will be our worship associate. Angie Blevins will manage Boxcast technology and run the slide deck developed by Rev. Donna. Our pianist will be Stefanie Barley. Catherine Palmer and Becky Harvey will host Coffee Hour. Our greeter will be Cheryl Ring.			
Sunday	Showing Up for Each Other			
	Rev. Donna Dolham and Martha Pelletier, Chair of Pastoral			
August 18, 2024	Ministry Team			
Ingathering music to begin at 9:55 a.m.	Please join us as we explore spiritual growth through communities of compassion. As we live into community together, our lives are tenderly weaved by our capacity to care for each other and by our willingness to accept care. This Sunday, Kay Fritz and Lori Milner will host a special coffee hour, celebrating the opportunity to visit with Cal and Jean Sizelove. Please see coffee hour notice following the minister's message.			
	A special thank you to our worship arts team. Marty Peters will be our worship associate. Lindsey Wiehl will manage Boxcast technology and Rev. Donna will run the slide deck. Hannah Faulkner will be our pianist and our greeter will be Karen Allen.			

SHARE THE PLATE: This month's recipient, chosen by the Social Justice Committee, is the <u>Family Violence Project</u>. The Family Violence Project is a nonprofit Domestic Violence Resource Center serving Kennebec and Somerset Counties. Services include: 24 Hour Helpline to provide support, advocacy, resources, and safety planning, and more. <see Social Justice for more info.>

<u>Sunday worship service</u> is held IN-PERSON in the Sanctuary. Please be aware that the church doors will be locked 10 minutes after the service begins. The greeter will be at the front door to let anyone in after that time.

If you want to watch the livestream of the service, please visit:

https://boxcast.tv/channel/mtifpth0utvesjqgjyej

If you missed a service or want to watch a service again, the link above also allows access to prior services. Click on the play button on the video of the "broadcast date" you are interested in watching. Services may be viewed by Boxcast for a week after the service is live.

We all love our post Sunday service coffee hour, right??

New way to do coffee hour begins Sept 8th which involves everyone!!



With a new minister and a new global hospitality chair, why not have a new way to do coffee fellowship. Beginning on Sept 8th we will implement teams for coffee fellowship. Individuals will be placed on a team of 3-4 individuals and given a date to organize and serve coffee. This will provide you an opportunity to build a small community.

If for some reason you are unable to join in, please contact Susan Burnett at <u>slcburnett@me.com</u> or 207-242-9100 (text or call).

UPDATE: Our first teams for coffee fellowship have been organized

Sept 8th: Susan Claska*, Nance Caldwell, Judy Gallant and Carolyn Ladd

Sept 15th: Pam Lombard*, Hal Booth, Lynn Caswell and Cheryl Clukey

Sept 22nd: Stefanie Barley*, Richard Bridges, Cassie Sano and Linda Findlay

Sept 29th: Janet Caldwell*, Cathie Nielsen, Becky Harvey and Corinne Coleman

The person with the * will be contacting team members to organize.

We still need coffee hour volunteers for the services on August 25 and September 1. If you can help, please sign up on the bulletin board in the Fellowship Hall or contact Susan Claska at slcburnett@me.com or call (207) 242-9100.

Special Events / Opportunities

Summer is in full swing and things slow down a bit here at the church. But summer also has its time for commitment, action and connection.

Please see the Social Justice section in **Notices/Updates/News** for MANY opportunities for enrichment and action including MUUSAN's UUtheVOTE drive! There are also still many upcoming Wabanaki cultural awareness events happening all over the state as well as a number of walks for Historical & Ecological Recovery.

Ingathering/Water Communion Service on September 8th!



One of the Unitarian Universalist celebrations is the Water Communion ceremony symbolizing our gathering as community and our connection with the earth.

Please send water pictures you may have taken this summer to Rev Donna, and she will incorporate a special water video into the service.

Please send your images to minister@augustauu.org by Aug. 29th for inclusion in the service and please bring a small amount of water

with you to the service. It may be water from your faucet, a pond, river or rain...

Please join us for this special service which will, once again, include UUCC's choir, Morgan Lee, pianist and Bridget Convey, Dir. of Music.

This is the year for Getting Out The Vote! UUtheVOTE ME Network Meeting

All are invited to attend the **MUUSAN Network Meeting** (Maine Unitarian Universalist State Action Network). Let's show a rousing UUCC presence at this important organizing event.

On Saturday, September 7, 2024 9:00 AM -12:30 PM at UUCB in Brunswick or on Zoom. To register, go to the MUUSAN website at: <u>MUUSAN.org</u>. See more details below under Social Justice.

*** SAVE THE DATE ***

Shared Ministry and Installation Celebration

An installation is the congregational act of formally entering into shared ministry with their professional minister. Our celebration service and reception will be held Saturday, October 26th at 1:00pm at South Parish, United Church of Christ Church in Augusta. We hope you'll join us.

Sincerely,

Martha Naber, Nancy Fritz and Nan Bell

Members of the Installation Team

An opportunity for reflection...



An opportunity to reflect on the latest wayside pulpit message being shared on the corner of Winthrop and Summer Streets.

All that you touch You Change. All that you Change Changes you. The only lasting truth is Change.

~Octavia Butler

Thank you to Angie Blevins for maintaining the wayside pulpit and providing us with messages to ponder.

Are you interested in offering programming or scheduling an event for the UUCC community?

Please use this **program request online form** to help guide the process.

Connections by Day of the Week

ALL church events and meetings are reflected on the UUCC calendar Click below to view ALL events, including any group meetings or other business meetings. https://www.augustauu.org/calendar-and-communications/

Some events are still being held in the UUCC Zoom Room.

Click here to join Events in the Zoom Room:

For other ways to join Zoom, see General Information
Zoom meeting id: 823 807 0673 – Password: 6971



Monday	Peaceful Heart Sangha			
Each week	BY Private ZOOM –EVERY Monday. You may join us at 6:15 to settle in.			
(20 0 00	PLEASE NOTE: In June and July, the group will meet in-person in the Sanctuary and online,			
$\frac{6:30-8:00}{2}$	on the 1 st and 3 rd Monday of each month.			
<u>p.m.</u>	Please contact Marty Soule for updated Zoom login information at:			
Private	email: martysoule@gmail.com.			
Zoom	FMI: peacefulheartsangha@gmail.com			
	Sangha gatherings are free and open to all.			
2 nd & 4 th	Sewing/Craft/Hobby Group			
Monday	Sewing/Craft/Hobby Group meets in the Fellowship Hall the 2nd and 4th Monday of each			
	month from 9:30 am - 12:00 Noon. We ask that attendees help set up and put away tables			
<u>9:30 – Noon</u>	and chairs.			
Next Meeting	Just bring whatever you'd like to work on, machine or hand sewing, craft or hobby item you			
is August 12	are working on, and we will all help one another as needed. Be sure to let us know if there is			
	anything you need from one of uswe are likely to have whatever it is! Martha 887-1104 or 313-5859 / Nancy 213-3047. All are welcome. Bring a friend, if you like.			
Tuesday	<u>Lectio Divina</u> <group break="" for="" months="" on="" summer="" the=""></group>			
10:30 a.m.				
THICC	The Lectio Divina weekly group held its last session for the church year on June 18. The			
<u>UUCC</u> Virtual	group will now break for the summer months until it <u>resumes on September 10th</u> .			
Zoom	Stay tuned for more information.			
Tuesday	Drop-in Sustainable Heath Qijong group			
4:00 pm				
	<group break="" for="" months="" on="" summer="" the=""></group>			
1				

Wednes-			
day			
6:00 -			
7:30 p.m.			

UUCC Choir Rehearsal

<Group on break for the summer months>

The Choir will not meet for rehearsals over the summer months. We will resume rehearsals August 28th and meet every Wednesday from 6:00-7:30 p.m. in the sanctuary.

Questions? Please reach out to Bridget Convey at: musicdirector@augustauu.org.

All are welcome!

Gentle YOGA

Resumes Aug 28th

Wednesdays

Hosted by Debbie Mattson

UU Yoga is offered as a hybrid gathering. People can choose to gather in the Fellowship Hall for yoga, Wednesdays 5 PM-6 PM or join via zoom. Here is the zoom link:



 $\frac{5:00-6:00}{\text{p.m.}}$

Each Week

https://maine.zoom.us/j/95825651125?pwd=UWJpOVFjVFJGb3dMWmZoOTRXa3VoUT09 Password: 174192

Please join us a few minutes before 5:00 to settle in so we can begin class right at 5:00 p.m. FMI: DebbieMattson@hotmail.com

2nd & 4th Wednesday

Seasoned Souls

Seasoned Souls is a group of older church members that meet as a study/support group to talk openly about topics related to the aging process. Seasoned Souls is open to any church member over 65 years of age. We will now be meeting on the 2nd and 4th Wednesday of each month in the Fellowship Hall.

2nd Wed. – C-FH 4th Wed. - C-FH

1:00-2:30pm

FMI: For more information please contact Hal Booth at halbooth1@yahoo.com or (207)623-8383 [land-line, no text].

Thursdays

Each Week

Peaceful Heart Sangha

You may join us at 7:45 a.m. to settle in. Meet from 8-9:30

8:00-9:30<u>a.m.</u>

-- IN-PERSON every Thursday at the River Studio, 332 Water St. Hallowell

(except the last Thursday of the month)

--BY Private ZOOM - last Thursday of the month



Please contact Marty Soule for updated login information at martysoule@gmail.com. FMI: peacefulheartsangha@gmail.com

Sangha gatherings are free and open to all.

2nd & 4th Thursday In the UUCC Virtual

Writing to Wake the Soul

<Group on break – information about when it will resume will be in a future E-blast.>

This is an open group that gathers and writes together to explore spiritual themes. The writing is used as a conveyance to connect more deeply with ourselves and each other. We are not writing to develop skill. Come and try it out; there is no obligation to come each time we gather. This group will be meeting in the UUCC Virtual Zoom Room.

9:00 – 10:30 a.m.

Zoom room

FMI: please contact Debbie at (207)557-2697 or <u>debbiemattson@hotmail.com</u>

1st Thursday

Read Learn Share Book Group

<Group on break for the summer months BUT... see UPDATE below>

Noon-1:30 p.m.

A lot happens over the summer as books get chosen for next year by a voting process.

<u>UPDATE:</u> The votes are cast and counted! We have our list of books for the year and the order in which we will explore them. As is our custom, we will resume meeting both in Fellowship Hall and the UUCC Zoom room from noon until 1:30 in October. This is a dropin group although there is a core group which is almost always there. Anyone is welcome to join us when we are discussing a book that interests you.

The full list will appear in the fall issue of the Flaming Chalice, the church newsletter. For now, so you can plan ahead, on **October 3** we will discuss <u>Secrets of the Sprakka</u> by Eliza Reid, and on **November 7** our book is <u>How to Read a Book</u> by Maine author Monica Wood.

We are a friendly and thoughtful group. We'd love to have your company. FMI: contact June Zellers at <u>jzellers@roadrunner.com</u> or Kathy Kellison at <u>kell6787@gmail.com</u>.

4th Friday

Free Style Drum Circle

6:30 – 8:30 Sanctuary

Next Meeting is August 23rd The Augusta Community Drum Circle is a free style drum circle welcoming people of all ages, walks of life, and abilities. Free style means no one is assigned 'pieces' to play. Just play! Or don't play! Just come watch, sing, dance, or bring your own instruments. No one cares if you've never played before or if you make a mistake. As long as you are having fun you can't get it wrong! <u>ALL are welcome</u>. Event is FREE, No RSVP, just come!

The Drum Circle meets the fourth Friday of each month at 6:30 pm in the Sanctuary. For more information you can contact Mike Moody at mtmoods@gmail.com or 229-1118.

<u>Every</u> Saturday

9:00 11 am

Resumes Sept 7th

UUCC Occasional Orchestra

The UUCC Occasional Orchestra will take a break over the summer months.

Rehearsals will resume Saturday, Sept 7th in the Sanctuary from 9:00-11:00 a.m.

Come and share your musical talents with our UUCC community.
All are welcome, please join us!

Questions: please contact our UUCCOO Orchestra Director, Michael P. Atkinson at: mpatkinson@gmail.com.

4th Sunday

1-2:30 p.m.

Next Meeting is August 25th

Goddess / Earth Circles

Goddess / Earth Circles Summer Connections Meetings are 1-2:30pm in the Fellowship Hall

August 25 Crone phase: Our Inner Realms

In our focus on the phases of our lives, we come to the crone phase.

This is a time to reclaim our own focus after decades of caring for others.

Reflect on the shift of the life from the exterior world of conventions to the freedom of being the ruler of your own inner realms.

<u>September 22</u> Autumn Equinox/Mabon; Invitation to Croning; Keeping connections <u>October 27</u> Samhain; Ceremony for New Crones and Renewals

More information is available at Goddess/Earth Circles on the website. Goddess/Earth Circles focuses on the phases of our lives and earth-based spirituality. All ages and genders are welcome

FMI Contact Helen Zidowecki (207-582-5308, mailto:hzmre@hzmre.com).

Notices / Updates / News

COFFEE HOUR VOLUNTEERS: We are kicking off a new program to have a team of volunteers assigned for coffee hour after our Sunday services. See details directly after the Sunday service information. Until this program kicks off Sept. 8th, we still need coffee hour volunteers for the services on August 25 and September 1. If you can help, please sign up on the bulletin board in the Fellowship Hall or contact Susan Claska at slcburnett@me.com or call (207) 242-9100.

Community Building through felting



The recipient of the Chorus & Orchestra sponsored silent auction felting workshop and her companions enjoyed community and crafting this week. They each created a felted bowl.

Watch for more opportunities to participate in UUCC's community.

Social Justice Updates



individuals & communities ending abuse

Family Violence Project is a non profit Domestic Violence Resource Center serving Kennebec and Somerset Counties.

Services include:

- *24 Hour Helpline (1-877-890-7788) to provide support, advocacy, resources, and safety planning
- *In-Person Advocacy at FVP Outreach Offices
- *Court Advocacy
- *Support Groups
- *Emergency Shelter
- *Supportive Housing
- *School Based Prevention Education
- *Community Education & Outreach
- *Menswork (A Certified Batterers Intervention Program)

There are many ways to support the work of FVP, including volunteer opportunities, donations of goods and services to fulfill their wish list, and donations of money. For more information about services and opportunities to help, contact:

www.familyviolenceproject,org.

fvp@familyviolenceproject.org

623-8637; toll free: 1-877-890-7788

Maine Unitarian Universalist State Advocacy Network will be holding a UU the Vote Network Meeting on September 7th. Live link to register below image. To read more about MUUSAN's commitment to justice visit their webpage at www.muusan.org.



Join us - either in person at the Brunswick UU church or on Zoom - to learn how we as Maine UUs can impact voters across the country. Hear from Rev. Lisa Garcia-Sampson from North Carolina about how we can support GoTV efforts there, learn how to support Maine efforts with the League of Women Voters of Maine, get inspired by what other Maine UU churches are doing, and participate in a postcard-writing or other action!

Questions? Contact admin@muusan.org.

See you in person or on Zoom on September 7th!

p.s. Note MUUSAN's new logo at the top of this email, designed by the multi-talented Brunswick UU Minister, Rev. Kharma Amos!

Click <u>HERE</u> for the Calendar of UUtheVoteMErelated Activites and Opportunities Click <u>HERE</u> to Register for the Sept 7th UU the Vote ME Hybrid Network Meeting

Volunteer with the League of Women Voters of Maine (LWVME), MUUSAN's partner in strengthening democracy here in Maine! Volunteer Orientation takes place every Monday 5:30 - 6:00 pm. Click here and choose the date you want to attend. From GoTV with new Mainers to distributing voter guides, the League will help find the best volunteer fit for you!

Run for Recovery Graduation

Join us for the **first-ever graduation of Run For Recovery**, a non-partisan program dedicated to recruiting, training, and mentoring people in recovery and their family members to run for and win state and local elec-

DATE: AUGUST 14TH, TIME: 5 PM EST, VENUE: ZOOM (<u>REGISTER HERE</u>)

Hear directly from inspiring individuals in recovery and their families about their journeys and motivations to run for and serve in elected office, including: Ryan Hampton - Candidate for Nevada State Assembly, District 4 Courtney Gary-Allen - Augusta, Maine At-Large City Councilor Graduates of the Run for Recovery Year-Long Program

Don't miss this unique opportunity to support and celebrate our community's future leaders!

WHERE2024 (Walks for Historical & Ecological Recovery)

Atlantic Blackbox is organizing a series of Seven Walks for Historical & Ecological Recovery over seven months from June through November 2024. Detailed info can be found here: WHERE2024 - Atlantic Black Box. The Legacy Work events have already happened and many of them were recorded and can be accessed on the website. The remaining walks are listed below:

The Norridgewock Memory Walk on Saturday, August 17, 2024, to commemorate the 300th anniversary of the Norridgewock massacre, hosted by Wabanaki REACH and in collaboration with other Wabanaki partners at the historic Pines sacred site. Details and registration link will be posted soon here: The Norridgewock Memory Walk — The Walk for Historical & Ecological Recovery (walkwhere.org)

The First Parish Portland Wabanaki Allies Team will participate as a group, other UUs from around Maine may want to do the same. The Pejepscot Portage Walk on October 5 in Brunswick is co-organized by

the Pejepscot Mapping Project in which members of the Brunswick UU church are participating. The Pejepscot Portage Walk — The Walk for Historical & Ecological Recovery (walkwhere.org)

The Inclusive Walking Tour in Saco-Biddeford on October 19, is co-organized by Portland area SURJ chapter (Showing up for Racial Justice). The Inclusive Walking Tour Walk — The Walk for Historical & Ecological Recovery (walkwhere.org).

All the Walks combine an actual walking tour retracing some historical / colonial event combined with a program with guest speakers and some have an art element - so even folks who cannot do the walking have plenty of opportunity to participate by listening and learning.

Wabanaki Cultural Events Summer 2024

Sipayik Passamaquoddy Days, August 9 - 11 at Sipayik, Perry. Go to https://wabanaki.com/sipayik_in-dian_days-2/ for more information.

Wabanaki and SBC Collaboration- Salt Bay Chamberfest, August 15, 1:00 - 2:00 PM at Wabanaki Public Health & Wellness, Bangor. Go to https://saltbaychamberfest.org/sbc-concerts/081524-wabanaki for more information.

Mi'kmaq Nation Mawiomoni of Tribes, August 16 - 18 at Spruce Haven, Caribou. Go to https://micmac-nsn.gov/mawiomi for more information.

Wabanaki Arts Market August 24, 10:00 AM - 3:00 PM at Sabbathday Lake Shaker Village, New Gloucester. Email info@maineshakers.com for more information.

Board of Trustees

Agenda Thursday August 8, 2024 5:00 to 7:00 pm in-person



Present:

Board Covenant Chalice Lighting:

Check-in:

.....Breathe with me....

Board Members (Read) Michaela Michaela

New Business

1. Approve June minutes

2. Finance Committee Report Harry or replacement?

a. Cash balances UUCC 24 07

3. Treasurer's Report Nancy Fritz
4. President's Report Michaela Loisel

Retreat Update

UUA Board Retreat Sept. 21, 2024

Greeting Schedule thru October (Karen)

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Minister's Report Rev. Dolham

Installation Update

Discussion of Reallocation of Empty Position Hours

Safety Committee Update Jim Caldwell/Karen Allen

8th Principle Task Force update Karen Allen

All are welcome to attend but please see the UUCC Policy for Board Meeting Visitors. Next meeting 9/12.

General Information

Worship Services are held IN-PERSON Events may still be held virtually in the

UUCC ZOOM ROOM

Other ways to UUCC Zoom Room Zoom:

- 1. <u>Join from your internet browser by clicking this link or typing this into your browser:</u> https://zoom.us/i/8238070673, launch Zoom, then enter **passcode: 6971**
- 2. Select "Join Meeting" from the Zoom application on your computer or mobile device.

UUCC Meeting ID: 823 807 0673 – then enter passcode: 6971

3. <u>Join by phone</u>: dial 1 646 558 8656 (**NOTE**: toll charge may apply) At first prompt (meeting id: 823 807 0673#)

At second prompt: press # (no personal id needed) <No passcode needed when joining by phone> NOTE---*6 is mute AND un-mute on your phone. The host cannot mute or un-mute people who phone-in.

HOSTS: Once in your meeting, claim the host using the HOST KEY as you have done in the past.

UUCC Pastoral Ministry Team

We are here for you. Feel free to reach out in times of need for compassionate listening, for casual conversation, to share some good news, to share your struggle or just to say hello.

Martha Pelletier, Chair	207-685-9592 (h)	pellsav64@gmail.com
Helen Zidowecki	207-582-5308 (h)	hzmre@hzmre.com
Peggy Lamb	207 622-5174 (h)	plambflowers@outlook.com
Lori Milner	520-437-3442 (c)	lmilner3@gmail.com

Caring Cooperative support includes rides, meals, errands, get well and condolence cards as well as companion visits. If you would like to request or suggest meal support: contact Martha Pelletier 685-9592.

If you would like to request or suggest cards: contact Peggy Lamb 622-5174.

UUCC Small Group Ministry



Looking for greater human and spiritual connection during this most disconnected of times? Small Group Ministry offers this vital need in our spiritual community, and so much more! For more information, contact Linda Findlay (207-377-8028, linda.findlay@gmail.com) or Helen Zidowecki (207-582-5308. hzmre@hzmre.com)

UUCC Office Hours & Notes

UPDATED E-blast & Office Hours

E-blasts will be produced on the 1st and 3rd Wednesdays of each month. The upcoming schedule is:

- o E-Blast (8/7)
- o NO E-blast (8/14)
- o E-Blast (8/21)
- o NO E-Blast (8/28)

EBLAST SUBMISSION DEADLINE: Articles due by noon on Tuesday, the day before the E-blast is distributed. Articles received after this time may not be included in the E-blast. Send articles to admin@augustauu.org

UUCC Office Hours NEXT WEEK

Church Administrator - Open office hours:

Tues, Wed and Thurs -8:00 a.m. -2:00 p.m.

Rev. Donna Dolham

Minister's study – (207) 623-3663 Pastoral Emergencies only - use cell phone

Email: minister@augustauu.org

Visit Calendly Scheduling Link to schedule an appoint-

ment with Rev. Dolham.

<u>Staff Contact information:</u> Church Administrator, Lynn M. Smith, <u>admin@augustauu.org</u>, Phone 622-3232 <u>Music Director</u>, Bridget Convey, <u>musicdirector@augustauu.org</u>