

Weekly E-Blast

Unitarian Universalist Community Church
Wednesday, May 5, 2021

Upcoming Services

Worship Theme for May is **STORY**.

Join us as we explore what it means to be a people of STORY.

<p>THIS Sunday</p> <p>May 9, 2021 10:00 a.m. via Zoom</p> <p>UCC Zoom room</p>	<p><u>The Nature of Nurturer</u></p> <p>Lay leaders join Rev. Carie to offer personal reflections on their relationship with the role of nurturer.</p> <p>John Seksay and Monique McAuliffe will be our worship associates with Stefanie Barley as our pianist and Joelle Morris will share her rendition of “Wind Beneath my Wings”.</p>
<p>NEXT Sunday</p> <p>May 16, 2021 10:00 a.m. via</p> <p>Join us live and in-person at Mill Park</p> <p>See details → for inclement weather plans</p>	<p>Farewell Sunday</p> <p>Rev Carie’s final service as the minister at UCC.</p> <p>The service will take place at 10:00 am in Mill Park in Augusta. Masks and social distancing will be implemented. Chairs will be provided. Zoom will also be an option. We will have snacks following. Please bring your own drinks.</p> <p>In case of inclement weather we have a few plans. If the forecast is good for Saturday and poor for Sunday we will meet at Mill Park on Saturday afternoon at 3:30. If the forecast is poor for the entire weekend the service will be via Zoom on Sunday at 10:00 am. Please pray/hope for good weather on the morning of May 16th!</p>

All worship services AND virtual events (unless noted) are held in the
UCC ZOOM ROOM

Other ways to join Zoom:

1. **Join from your internet browser by clicking this link or typing this into your browser:**
<https://zoom.us/j/8238070673>, launch Zoom, then enter **passcode: 6971**
2. **Select “Join Meeting” from the Zoom application on your computer or mobile device.**

UCC Meeting ID: 823 807 0673 – then enter **passcode: 6971**

3. **Join by phone:** dial 1 646 558 8656 (**NOTE:** toll charge may apply)

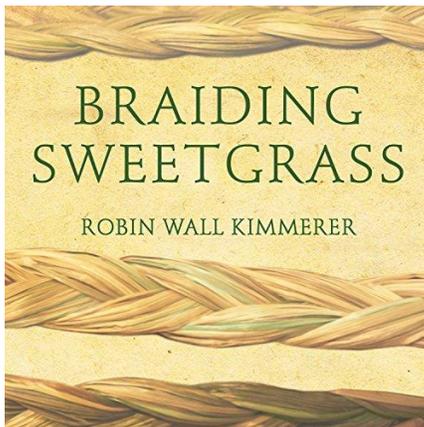
At first prompt (meeting id: 823 807 0673#)

At second prompt: press # (no personal id needed) <No passcode needed when joining by phone>

NOTE---*6 is mute AND un-mute on your phone. The host cannot mute or un-mute people who phone-in.

HOSTS: Once in your meeting, claim the host using the HOST KEY as you have done in the past.

Connections



Read, Learn, Share meets Thursday May 6 at noon in the UCC Zoom Room.

Anyone who interested in discussing our book for month is welcome to join us. We will end at 1:30. For more information, contact Kathy Kellison at kell6787@gmail.com or June Zellers at <mailto:junezellers@roadrunner.com>

‘ For only when we can hear the languages of other beings are we capable of understanding the generosity of the earth, and learning to give our own gifts in return.’ Goodreads

****SAVE THE DATE**:**

Saturday May 15, 2021- 9:30 A.M.

Join a 12 Year Walk of Ministry as Rev. Carie shares with us memories at significant locations in the Capital area.

The walk will begin and end at the Church. In between we will see the downtown and riverfront and of course stop at Capitol Park, The State House and Blaine House to remember the many actions/activities that happened there.

The walk may take up to two hours with stops along the way. The route will be mapped out so that you may join by car at the stops as well. **See the attachment to this E-blast for all the stop details and more...**

Saturday May 15, 2021....meet on the church grounds at 9:30 A.M.

FMI: Contact Jim Caldwell or Deb Mattson

Weekly Events

<p><u>Monday</u> <u>Each week</u> <u>2:00 – 3:30</u> <u>p.m.</u></p>	<p style="text-align: center;"><u>Read Aloud & Discussion</u></p> <p>The Monday afternoon reading and discussion group has changed our process. We have chosen to have each person who joins us, and who wishes to, bring a poem, an article, a book excerpt with something in it to spark a discussion. What has grabbed your attention or what is something you are wondering about? Our discussions are always lively and interesting. Join in! FMI: admin@augustauu.org</p> <p style="text-align: center;"><i>UUCZ ZOOM ROOM</i> (← click this link OR see above for other ways to join)</p>
<p><u>Monday</u> <u>Each week</u> <u>6:30 – 8:00</u> <u>p.m.</u></p>	<div style="display: flex; align-items: center;">  <div> <p style="text-align: center;"><u>Peaceful Heart Sangha</u></p> <p style="text-align: center;"><i>You may join us at 6:15 to settle in.</i></p> <p>The login and password information has changed. Please contact Marty Soule for updated login information at email martysoule@gmail.com. FMI: peacefulheartsangha@gmail.com</p> </div> </div>
<p><u>Wednesdays</u> <u>Each Week</u> <u>5:00 – 6:00</u> <u>p.m.</u></p>	<div style="display: flex; justify-content: space-between; align-items: center;"> <div style="text-align: center;"> <p>Gentle YOGA</p> <p><i>Hosted by Debbie Mattson</i></p> <p>Please join us a few minutes before 5:00 to settle in so we can begin our class right at 5:00 p.m. Zoom Login: Click link below to join.</p> <p>https://maine.zoom.us/j/95825651125?pwd=UWJpOVFiVFJGb3dMWmZoOTRxa3VoUT09 Password 174192 - FMI: DebbieMattson@hotmail.com</p> </div>  </div>
<p><u>Thursdays</u> <u>Each Week</u> <u>8:00 – 9:30</u> <u>a.m.</u></p>	<div style="display: flex; align-items: center;">  <div> <p style="text-align: center;"><u>Peaceful Heart Sangha</u></p> <p style="text-align: center;"><i>You may join us at 7:45 a.m. to settle in. Meet from 8-9:30</i></p> <p>The login and password information has changed. Please contact Marty Soule for updated login information at martysoule@gmail.com. FMI: peacefulheartsangha@gmail.com</p> </div> </div>
<p><u>2nd & 4th</u> <u>Thursday</u></p> <p><u>9:00 – 10:30</u> <u>a.m.</u></p>	<p><i>Writing to Wake the Soul</i></p> <p>We meet the 2nd and 4th Thursday of each month - 9:00 - 10:30 a.m.</p>



Note from the Worship Arts Team

Bettina Lehovc will be our summer worship minister. Bettina's background is in journalism. Her career experience includes being chief writer and editor of a newspaper section on Faith and Spirituality. She is finishing up a nine month internship with the UU collaborative Ministry on the coast of Maine. Ellsworth, Belfast and Castine are under this umbrella. She hopes to be received into preliminary fellowship in the fall.

On February 28, 2021, Bettina led a service at the UUCC. It was entitled the Ethic of Risk. She will begin leading services on May 23, 2021 with her last service approximately August 1, 2021. Besides leading our worship, Bettina will also be available for memorial services or weddings as needed. She is looking forward to serving UUCC as our contract worship minister

EMBODY OUR PRINCIPLES WITH MUUSAN

YOU are invited to the MUUSAN NETWORK MEETING - Saturday, May 8, 2021 10-noon via zoom.

Join with UU's across Maine and learn more about MUUSAN and how our legislature works.

The keynote speaker is STATE SENATOR CATHY BREEN, Chair of the Appropriations Committee. She will explain what the Appropriations Committee does and how bills are funded. Of particular importance to us is learning what we can do to ensure that legislation consistent with our UU Principles will successfully move through the Appropriations process.

If you've been interested in getting involved with MUUSAN, this is a great time to see what all the buzz is about. After hearing from Senator Breen, you can choose to attend one of four issues group and learn about the work of that group.

The groups are: Democracy In Action
 Climate Change
 Health Care
 Racial, Native and Immigrant Justice

To register go to: [MUUSAN.org](https://muusan.org) and click on MUUSAN Network Meeting

With questions, reach out to Kathy Kellison kell6787@gmail.com or Michaela Loisel michaelatloise@gmail.com

2021-2022 Pledge Campaign UPDATE

Thank you to all who have sent a pledge form in to the church office.

Our goal is \$165,000. We are now at 69% of our goal!!!

As of Today **46 pledges** have been received, raising **\$124,225** for the work of UUC in the next fiscal year.

All pledges are important. Please return your pledge as soon as you can.

Thank you, thank you all!

Board of Trustees

We Missed You!

Sunday's *What's On Your Mind* session was the last of the church year. Although no one attended we will chalk that up to progress toward a new, healthy Board relationship ... and well the temperature reached 70- degrees too! *What's on Your Mind* allows congregants the opportunity to meet Board members in a very informal way. Conversations are freeform and open, and no discussion item is taboo. We look forward to starting up again in the fall. New concerns, comments and questions may emerge, especially from our new church life and the welcoming of our Interim Minister.

In the meantime, please go enjoy that 70-degree weather and the rest of the summer. We will start again sometime after the Ingathering Service.

Message / Invitation from the Board of Trustees – General Assembly

For those who might be interested, it is time to start thinking of the Unitarian Universalist Association (UUA)'s General Assembly, June 23-27, 2021. Organically to be held in Milwaukee WI, the event will be held virtually again this year. The UUA states "General Assembly is the annual gathering of Unitarian Universalists, where we conduct business of the Association, explore the theological underpinnings of our faith, and lean fully into our mission and principles. That remains true even when we cannot gather physically. Last year, GA had more than 4,900 registered attendees participate from remote locations around the world. Although we give up the face-to-face interaction and hugs that are prevalent when we meet in-person, we retain our dedication to community and make our experience more accessible and more environmentally sustainable."

Registration is **\$200 per person**. Financial support for registration as well as a payment plan are available from the UUA. General Assembly registrants receive access to the 2021 Online Participation Portal, including live, simulive, and on-demand video content, the virtual exhibit hall, chat features, support, and a (new!) GA mobile app. To register please visit: [General Assembly Registration | General Assembly | UUA.org](#)

If you are interested in serving as a UUC Delegate and representing the church in voting on UUA business matters, please contact Kathy Ann Shaw, Board President, at kathyannshaw@roadrunner.com.

Dr. Don on Covid-19

Dr. Don on COVID-19 Rare Vaccine Blood Clots

Evidence is building that an uncommon immune response is behind dangerous, but incredibly rare, blood clots associated with the Johnson & Johnson and AstraZeneca vaccines. But the good news is there is a test to identify it and provide patients the right care.

Studies suggest that some inoculated people develop an immune response that attacks a protein called platelet factor 4 or PF4, which makes platelets form clots. As a result platelets are used up before the body can make more and patients wind up with both the rare clots and bleeding due to the low levels of blood platelets.

Research reported in the New England Journal of Medicine showed that of 23 patients who received the AstraZeneca's vaccine and had symptoms of clots or low platelets, 21 tested positive for antibodies to PF4. Of those, 20 people developed blood clots. This finding confirmed previous studies.

Most of the women who had clots after receiving Johnson & Johnson's shot in the U.S. also had PF4 antibodies, reported the Advisory Committee on Immunization Practices. This advisory group led to the Food and Drug Administration's temporary pause on administering the J&J vaccine. The FDA didn't recommend the pause "because we felt that the number of cases was growing out of control, but because we wanted to educate providers to know what to do," said Peter Marks, MD, PhD, director of the FDA's Center for Biologics Evaluation and Research, during an AMA-hosted webinar.

"Because we are aware of this syndrome... we know how to treat it," says Jean Connors, a clinical hematologist at Harvard Medical School and Brigham and Women's Hospital in Boston who was not involved in the studies. And unlike the people who developed the clots before officials pinpointed the link, "we can diagnose it faster and treat it more appropriately if it does happen, so that the outcomes will be better."

As Dr. Mark Crowther, a member of the American Society of Hematology said "Covid-19 [infection] is associated with a risk of blood clots that is thousands of times higher" than blood clots possibly caused by any vaccine. "it's important people not miss that."

My experience at the Fryeberg mobile vaccination clinic suggests that with one exception people were pleased to receive the J&J vaccine. Several said the "one and done" aspect of the vaccine brought them to the clinic. Have you been vaccinated?

Send your questions, comments or suggestions to naber@gwi.net

Ad-hoc Covid-19 Advisory Group

This group has generously volunteered to be available to support members with personal safety, health or travel questions, concerns, or anxieties. Feel free to reach out to one of them directly.

Betty Cairn, RN

StonehengeMaine@yahoo.com

207-215-6394

Terry Lee Cairn, ND, MSOM, Lac.

tlcnaturalhealth@yahoo.com

207-557-2557

Harry Grimmnitz, MD
Don Naber, Ed.D
Cathie Nielsen, MD
Marty Soule, PA-C

hgrimmnitz@gmail.com
naber@gwi.net
cathieenielsen@gmail.com
martysoule@gmail.com

207-685-9270
207-887-1104
207-441-0248
207-685-9270

UUC Pastoral Ministry Team

We are here for you. Feel free to reach out in times of need for compassionate listening, for casual conversation, to share some good news, to share your struggle or just to say hello.

Rev. Carie Johnsen, Minister	508-221-5295 (c)	revcariejohansen@gmail.com
Martha Pelletier, Chair	207-685-9592 (H)	Mjpell14@roadrunner.com
Helen Zidowecki	207-582-5308 (h)	hzmre@hzmre.com
Tracy McNaughton	207-623-3110 (h)	tracy.mcnaughton@yahoo.com
Peggy Lamb	207 622-5174 (h)	plambflowers@outlook.com

Caring Cooperative support includes rides, meals, errands, get well and condolence cards as well as companion visits.

If you would like to request or suggest meal support: contact Martha Pelletier 685-9592.

If you would like to request or suggest cards: Contact Angie Blevins, 592-5655



UUC Small Group Ministry

Looking for greater human and spiritual connection during this most disconnected of times? Small Group Ministry offers this vital need in our spiritual community, and so much more! For more information, contact Michael Conley at 207-248-7948 or at estherpearl67@gmail.com.

UUC Office Hours – NEXT WEEK

UUC Administrator Hours

NEW TEMPORARY HOURS

Tues, Wed, Thurs and Friday
8:00 am to 1:00 pm.
<plus 7 flex / work at home hrs>

Church Administrator: Lynn M. Smith,
admin@augustauu.org or 622-3232

Rev. Carie

VIRTUAL OFFICE HOURS

If you would like to schedule a visit, appointment or meeting with Rev. Carie, please call (508) 221-5295 or use her local # (207) 623-3663 (both lines will reach her!) or email her at RevCarieJohnsen@gmail.com.

She is happy to meet outdoors, by phone, or zoom.

Staff Contact information:

Church Administrator, Lynn M. Smith, admin@augustauu.org, Phone 622-3232
Coordinator of Lifespan Faith Formation, Monique McAuliffe, LifespanFF@augustauu.org
Music Director, Bridget Convey, musicdirector@augustauu.org