

# Weekly E-Blast

Unitarian Universalist Community Church

Wednesday, June 9, 2021

Worship Theme for June is **PLAY**.

*Join us as we explore what it means to be a people of PLAY.*

## Upcoming Services

<p><b>THIS Sunday</b></p> <p>June 13, 2021 10:00 a.m. via Zoom</p> <p><b>UCC Zoom room</b></p>	<p><b><u>Flower Communion</u></b></p> <p>Co-lead by UCC Summer Minister, Bettina Lehovec and Monique McAuliffe, UCC Lifespan Faith Formation Coordinator</p> <p>Flower Communion celebrates beauty, human uniqueness, diversity, and community. Join us in this beloved UU ritual that signifies our willingness to walk together even as we pursue our individual paths.</p> <p>Marilyn Gordon and Susan Burnett will serve as our worship associates with Marty Peters managing technology. Karen Foust will be our pianist. Special music video debut of Tis a Gift to be Simple</p> <p><b><u>Flower Communion: Photos Requested</u></b></p> <p> Help us celebrate flower communion by sending a photo of yourself and a favorite flower to worship minister Bettina Lehovec at <a href="mailto:blehovec@gmail.com">blehovec@gmail.com</a>. We'll put them together into a slideshow. If it's hard to manage a selfie, please send a photo of a flower you love. <b><u>Photo deadline: Noon Friday, June 11.</u></b></p> <p>You may pick up a flower from the church on Sunday, June 13. There will be a bouquet of flowers in a vase outside the church on Sunday afternoon.</p>
<p><b>NEXT Sunday</b></p> <p>June 20, 2021 10:00 a.m. via Zoom</p> <p><b>UCC Zoom room</b></p>	<p><b><u>Remembering Our Fathers</u></b></p> <p>UCC Summer Minister, Bettina Lehovec</p> <p>We all have father figures who have impacted our lives. What are the legacies they leave in us? How do we pass that onward to our own children and friends? This service will explore fatherhood in many forms and voices.</p> <p>"I believe that what we become depends on what our fathers teach us at odd moments, when they aren't trying to teach us. We are formed by little scraps of wisdom." — Umberto Eco</p>

Marilyn Gordon and Susan Burnett will serve as our worship associates with Marty Peters managing technology. Special music: David Morris "Cat's in the Cradle" by Harry Chapin / Karen Allen, Pianist

**All worship services AND virtual events (unless noted) are held in the  
UCC ZOOM ROOM**

**Other ways to UCC Zoom Room Zoom:**

1. **Join from your internet browser by clicking this link or typing this into your browser:**  
<https://zoom.us/j/8238070673>, launch Zoom, then enter **passcode: 6971**
2. **Select "Join Meeting" from the Zoom application on your computer or mobile device.**

UCC Meeting ID: 823 807 0673 – then enter **passcode: 6971**

3. **Join by phone:** dial 1 646 558 8656 (NOTE: toll charge may apply)

At first prompt (meeting id: 823 807 0673#)

At second prompt: press # (no personal id needed) <No passcode needed when joining by phone>

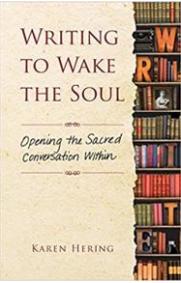
NOTE---\*6 is mute AND un-mute on your phone. The host cannot mute or un-mute people who phone-in.

**HOSTS: Once in your meeting, claim the host using the HOST KEY as you have done in the past.**

**Connections**

**Weekly Events**

<p><b><u>Monday</u></b> Each week <b><u>6:30 – 8:00</u></b> <b><u>p.m.</u></b></p>	<div style="display: flex; align-items: center;">  <div> <p><b><u>Peaceful Heart Sangha</u></b> You may join us at 6:15 to settle in.</p> <p>The login and password information has changed. Please contact Marty Soule for updated login information at email <a href="mailto:martysoule@gmail.com">martysoule@gmail.com</a>. FMI: <a href="mailto:peacefulheartsangha@gmail.com">peacefulheartsangha@gmail.com</a></p> </div> </div>
<p><b><u>Wednesdays</u></b> Each Week <b><u>5:00 – 6:00</u></b> <b><u>p.m.</u></b></p>	<div style="display: flex; align-items: center;"> <div style="flex: 1;"> <p><b><u>Gentle YOGA</u></b> Hosted by Debbie Mattson</p> <p>Please join us a few minutes before 5:00 to settle in so we can begin our class right at 5:00 p.m. Zoom Login: Click link below to join. <a href="https://maine.zoom.us/j/95825651125?pwd=UWJpOVFjVFJGb3dMWmZoOTRXa3VoUT09">https://maine.zoom.us/j/95825651125?pwd=UWJpOVFjVFJGb3dMWmZoOTRXa3VoUT09</a> Password <b>174192</b> - FMI: <a href="mailto:DebbieMattson@hotmail.com">DebbieMattson@hotmail.com</a></p> </div>  </div>

<p><b><u>Thursdays</u></b>  <u>Each Week</u>  <b><u>8:00 – 9:30</u></b>  <u>a.m.</u></p>	<p style="text-align: center;"><b><u>Peaceful Heart Sangha</u></b></p> <p>You may join us at 7:45 a.m. to settle in. Meet from 8-9:30</p> <p>The login and password information has changed. Please contact Marty Soule for updated login information at <a href="mailto:martysoule@gmail.com">martysoule@gmail.com</a>.  FMI: <a href="mailto:peacefulheartsangha@gmail.com">peacefulheartsangha@gmail.com</a></p> 
<p><b><u>2nd &amp; 4th</u></b>  <b><u>Thursday</u></b></p> <p><b><u>9:00 – 10:30</u></b>  <u>a.m.</u></p>	<p><i>Writing to Wake the Soul</i>  <b>We meet the 2<sup>nd</sup> and 4<sup>th</sup> Thursday of each month - 9:00 - 10:30 a.m.</b></p>  <p>This is an open group and if you would like to participate in this event, please contact Debbie Mattson (<a href="mailto:debbiemattson@hotmail.com">debbiemattson@hotmail.com</a>) for the login/passcode information. Hosting of this event is shared and zoom link changes week to week.</p> <p>We gather and write together to explore spiritual themes. The writing is used as a conveyance to connect more deeply with ourselves and each other. We are not writing to develop skill. Come and try it out; there is no obligation to come each time we gather.</p>

**ALL church events and meetings are reflected on the UCC calendar**  
**Click below to view ALL events, including any group meetings or other business meetings.**  
<https://www.augustauu.org/calendar-and-communications/>

## Notices

### ***An Update on Rev. Carie***

Rev Carie’s surgery was very successful. After two nights in the hospital she returned home with friends and family taking turns as caregivers. The pathology report confirms the original diagnosis of localized renal cell carcinoma. The surgery removed the tumor and all cancer cells. She is now cancer free. WOOHOO!!

**Rev. Carie sends deep appreciation** for all the prayers, cards, team and teacup, chocolate, poetry and art, spiritual touchstones and mementos (my home altar needs more surface space), note cards, fantastic socks, night-shirt, and expressions of care and compassion. She opened these on Sunday morning during her typical worship hour.

**The Social Justice Committee** (Michaela Loisel and Debbie Mattson as co-chairs, Hilary Nickels and Pam Lombard as members) is promoting the adoption of the 8<sup>th</sup> principle by UUCC, Augusta. This is part of a grassroots movement promoted by Black Lives UUs.

The 8<sup>th</sup> principle is: *“We, the member congregations of the Unitarian Universalist Association, covenant to affirm and promote: journeying toward spiritual wholeness by working to build a diverse multicultural Beloved Community by our actions that accountably dismantle racism and other oppressions in ourselves and our institutions.”*

The Unitarian Universalist Association adopted the existing Seven Principles in 1985.

The development and promotion of the 8<sup>th</sup> principle is in response to issues of hiring within the UUA; the recognition that most UU congregations are primarily European-American in membership, culture and leadership, even when located near diverse communities; and the urgency to dismantle white supremacy/racism within ourselves, our congregations, and communities.

Beacon Unitarian Universalist Congregation in Summit, New Jersey adopted the 8<sup>th</sup> principal. Rev. Dr. Robin Tanner, one of the church’s minister, said that “by joining with other leading UU congregations across the country, we hope to convince our denomination to add these 8th Principle pledges to our core set of practices. This Principle goes to the heart of our mission—to be radically inclusive, to feed the human spirit and heal the world.”

The Social Justice Committee of the UUCC is developing a plan to engage our congregation in conversation about the need for the 8<sup>th</sup> principle. We will ask for a special congregational meeting within a year to vote on its adoption. If we adopt the 8<sup>th</sup> principle we will join a growing number of UU congregations with an 8<sup>th</sup> principle. We will continue to advocate the need for the UUA adopt it as well.

Please email [debbiemattson@hotmail.com](mailto:debbiemattson@hotmail.com) if you are interested in joining the Social Justice Committee of UUCC, Augusta.

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## **A Very Generous Surprise Pledge Challenge Has Arrived**

I received an email last week from a couple who joined UUCC relatively recently. They had tried other denominations, other churches, and were still looking for a church home. They found UUCC on our website, and wanted to try our church.

At UUCC they have found friendship, meaningful worship, fun activities, and a spiritual home. When they reviewed the draft budget in the annual meeting packet, **they wanted to offer a pledge matching challenge of \$4500 to help close the budget deficit!**

Are you up to this challenge? If yes, contact Lynn in the church office to make a pledge for fiscal year 2021-2022 or to increase your already submitted pledge.

Thank you dear friends of UUCC. They wish to remain anonymous.

Martha Naber, Treasurer

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## Dr. Don on Covid-19

Dr. Don on COVID-19

Experts Urge COVID Vaccination of Teens

Health experts are urging parents to vaccinate their teenagers against COVID-19 after a report published by the Centers for Disease Control and Prevention showed hospitalizations increased in the months leading up to the vaccine's authorization for those 12 and up. The agency found hospitalization rates among adolescents 12 to 17 increased from March 1 to April 24 after declining in January and February. The study found more than 30% of teen patients were admitted to the intensive care unit and nearly 5% required mechanical ventilation. Teen hospitalization rates from March 1 to April 24 were still about 12.5 times lower than adults 18 and older but higher among adolescents than children between the ages of 5 and 11.

CDC Director Dr. Rochelle Walensky said in a statement Friday she was "deeply concerned" and "saddened" by the report's findings. "Much of this suffering can be prevented," she said. "I ask parents, relatives and close friends to join me and talk with teens ... and encourage them to get vaccinated." Walensky urged teens to continue following public health recommendations until they become fully vaccinated. "Until they are fully vaccinated, adolescents should continue to wear masks and take precautions when around others who are not vaccinated, to protect themselves, and their family, friends, and community," she said.

The Food and Drug Administration authorized use of the COVID-19 vaccine developed by Pfizer on May 10 for children 12 and older. Both the mRNA vaccine by Moderna and the single-shot vaccine by Johnson & Johnson are currently authorized for adults 18 and older. Moderna reported May 25 its vaccine has been shown in trials to be safe and effective for children as young as 12 and will ask for FDA authorization for its broadened use this month.

In Maine, Dr. Nirav Shah, director of the Maine Center for Disease Control and Prevention, told reporters during a press briefing that messaging on the vaccine for teenagers requires nuance. "Much of our messaging has been directed to patients," he said. "But here, we have to speak not only to the [teens], but also their parents and guardians to make the case [for vaccination]."

He said the conversation on adolescent and teen vaccines has centered around hesitancy. "The same approach that we've been taking with adult vaccinations applies here, which is to say some parents are extremely eager to get their kids vaccinated. Some parents and other groups are motivated by convenience, but that group has a lot of questions that they want answered first," he said.

Requiring vaccination to attend school is a question that varies across states. In Maine, Shah said it's not yet clear if schools would require students to be vaccinated before returning to class although some higher education institutions in Maine say they will be requiring vaccines.

Send your questions, comments or suggestions to [naber@zwi.net](mailto:naber@zwi.net)

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## Ad-hoc Covid-19 Advisory Group

This group has generously volunteered to be available to support members with personal safety, health or travel questions, concerns, or anxieties. Feel free to reach out to one of them directly.

Betty Cairn, RN	<a href="mailto:StonehengeMaine@yahoo.com">StonehengeMaine@yahoo.com</a>	207-215-6394
Terry Lee Cairn, ND, MSOM, Lac.	<a href="mailto:tlcnaturalhealth@yahoo.com">tlcnaturalhealth@yahoo.com</a>	207-557-2557
Harry Grimmnitz, MD	<a href="mailto:hgrimmnitz@gmail.com">hgrimmnitz@gmail.com</a>	207-685-9270
Don Naber, Ed.D	<a href="mailto:naber@gwi.net">naber@gwi.net</a>	207-887-1104
Cathie Nielsen, MD	<a href="mailto:cathieenielsen@gmail.com">cathieenielsen@gmail.com</a>	207-441-0248
Marty Soule, PA-C	<a href="mailto:martysoule@gmail.com">martysoule@gmail.com</a>	207-685-9270

## UUCC Pastoral Ministry Team

We are here for you. Feel free to reach out in times of need for compassionate listening, for casual conversation, to share some good news, to share your struggle or just to say hello.

Martha Pelletier, Chair	207-685-9592 (H)	<a href="mailto:Mjpell14@roadrunner.com">Mjpell14@roadrunner.com</a>
Helen Zidowecki	207-582-5308 (h)	<a href="mailto:hzmre@hzmre.com">hzmre@hzmre.com</a>
Tracy McNaughton	207-623-3110 (h)	<a href="mailto:tracy.mcnaughton@yahoo.com">tracy.mcnaughton@yahoo.com</a>
Peggy Lamb	207 622-5174 (h)	<a href="mailto:plambflowers@outlook.com">plambflowers@outlook.com</a>

## Pastoral Ministry Team Summer On-Call Schedule

1. May 17 – May 23	Helen	7. June 28 – July 4	Tracy
2. May 24 – May 30	Peggy	8. July 5 – July 11	Martha
3. May 31 – June 6	Tracy	9. July 12 – July 18	Helen
4. June 7 -- June 13	Martha	10. July 19 – July 25	Tracy
5. June 14 – June 20	Helen	11. July 26 – August 1	Martha
6. June 21 – June 27	Peggy		

**For special services and celebrations, contact Rev. Helen Zidowecki.**

**Caring Cooperative** support includes rides, meals, errands, get well and condolence cards as well as companion visits.

If you would like to request or suggest meal support: contact Martha Pelletier 685-9592.

If you would like to request or suggest cards: Contact Angie Blevins, 592-5655



## UUCC Small Group Ministry

Looking for greater human and spiritual connection during this most disconnected of times? Small Group Ministry offers this vital need in our spiritual community, and so much more! For more information, contact Michael Conley at 207-248-7948 or at [estherpearl67@gmail.com](mailto:estherpearl67@gmail.com).

## UCC Office Hours – NEXT WEEK

### UCC Office Hours

Tues, Wed, Thurs and Friday  
8:00 am to 1:00 pm.

### TEMPORARY HOURS

<plus 7 flex / work at home hours>

### Staff Contact information:

Church Administrator, Lynn M. Smith, [admin@augustauu.org](mailto:admin@augustauu.org), Phone 622-3232

Coordinator of Lifespan Faith Formation, Monique McAuliffe, [LifespanFF@augustauu.org](mailto:LifespanFF@augustauu.org)

Music Director, Bridget Convey, [musicdirector@augustauu.org](mailto:musicdirector@augustauu.org)