

Weekly E-Blast

Unitarian Universalist Community Church
Wednesday, July 7, 2021

Upcoming Services

<p>THIS Sunday</p> <p>July 11, 2021 10:00 a.m. via Zoom</p> <p>UCC Zoom room</p>	<p><u>Listening to Hear</u> Bettina Lehovec, UCC Summer Minister</p> <p>Deep listening requires an open mind and a willing heart. Anger and fear contract the heart and close the mind. How do we counteract this tendency so that we can listen with empathy to a person whose beliefs are different from our own? How do we listen for the “beautiful need” beneath our own and others’ emotions and actions?</p> <p>John Seksay and Sara Hodgkins will serve as our worship associates with Bettina managing technology. Karen Foust will be our pianist.</p>
<p>NEXT Sunday</p> <p>July 18, 2021 10:00 a.m. via Zoom</p> <p>UCC Zoom room</p>	<p><u>Widening the Circle</u> Bettina Lehovec, UCC Summer Minister</p> <p>Unitarian Universalism has always been an evolving tradition, expanding its identity to reflect new understandings and more people groups. Join us as we explore our current horizons, including a reworking of our principles to more explicitly address our antiracist work.</p> <p>John Seksay and Susan Burnett will serve as our worship associates with Marty Peters managing technology. Karen Allen will be our pianist.</p>

**All worship services AND virtual events (unless noted) are held in the
UCC ZOOM ROOM**

Other ways to UCC Zoom Room Zoom:

- 1. Join from your internet browser by clicking this link or typing this into your browser:**
<https://zoom.us/j/8238070673>, launch Zoom, then enter **passcode: 6971**
- 2. Select “Join Meeting” from the Zoom application on your computer or mobile device.**

UCC Meeting ID: 823 807 0673 – then enter **passcode: 6971**

- 3. Join by phone:** dial 1 646 558 8656 (NOTE: toll charge may apply)

At first prompt (meeting id: 823 807 0673#)

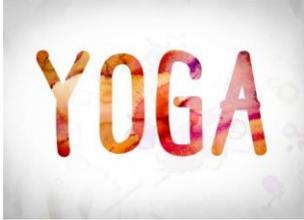
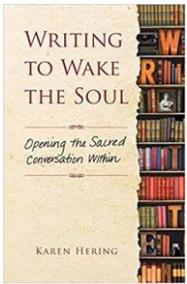
At second prompt: press # (no personal id needed) <No passcode needed when joining by phone>

NOTE---*6 is mute AND un-mute on your phone. The host cannot mute or un-mute people who phone-in.

HOSTS: Once in your meeting, claim the host using the HOST KEY as you have done in the past.

Connections

Weekly Events

<p><u>Monday</u> <u>Each week</u> <u>6:30 – 8:00</u> <u>p.m.</u></p>	<p style="text-align: center;"><u>Peaceful Heart Sangha</u> You may join us at 6:15 to settle in.</p> <p>The login and password information has changed. Please contact Marty Soule for updated login information at email martysoule@gmail.com. FMI: peacefulheartsangha@gmail.com</p> 
<p><u>Wednesdays</u> <u>Each Week</u> <u>5:00 – 6:00</u> <u>p.m.</u></p>	<p style="text-align: center;">Gentle YOGA Hosted by Debbie Mattson</p> <p>Please join us a few minutes before 5:00 to settle in so we can begin our class right at 5:00 p.m. Zoom Login: Click link below to join. https://maine.zoom.us/j/95825651125?pwd=UWJpOVFjVFJGb3dMWmZoOTRXa3VoUT09 Password 174192 - FMI: DebbieMattson@hotmail.com</p> 
<p><u>Thursdays</u> <u>Each Week</u> <u>8:00 – 9:30</u> <u>a.m.</u></p>	<p style="text-align: center;"><u>Peaceful Heart Sangha</u> You may join us at 7:45 a.m. to settle in. Meet from 8-9:30</p> <p>The login and password information has changed. Please contact Marty Soule for updated login information at martysoule@gmail.com. FMI: peacefulheartsangha@gmail.com</p> 
<p><u>2nd & 4th</u> <u>Thursday</u> <u>9:00 – 10:30</u> <u>a.m.</u></p>	<p><i>Writing to Wake the Soul</i> We meet the 2nd and 4th Thursday of each month - 9:00 - 10:30 a.m.</p>  <p>This is an open group and if you would like to participate in this event, please contact Debbie Mattson (debbiemattson@hotmail.com) for the login/passcode information. Hosting of this event is shared and zoom link changes week to week.</p> <p>We gather and write together to explore spiritual themes. The writing is used as a conveyance to connect more deeply with ourselves and each other. We are not writing to develop skill. Come and try it out; there is no obligation to come each time we gather.</p>

ALL church events and meetings are reflected on the UCC calendar
Click below to view ALL events, including any group meetings or other business meetings.
<https://www.augustauu.org/calendar-and-communications/>

Notices

DID YOU MISS THE JULY 4th SERVICE? **Sunday, July 4th Service Details**

The July 4th service was not recorded as is normally the practice. In lieu of the recorded service, we offer the below list of the titles of the readings and/or music provided at the service. If you would like to have the complete order of service with the text from the readings and links for the music OR if you would like the written sermon, please contact the church administrator at (207) 622-3232 or admin@augustauu.org.

Chalice lighting	Day Break by Robin F. Gray
Opening Words	Our opening words this morning are a July 4th Meditation from Rev. Maureen Killoran, spoken on behalf of the many diverse people who comprise our United States of America.
Opening Hymn/Music	Hymn # 357 "Bright Morning Stars Are Rising" https://www.youtube.com/watch?v=TNJEeDdpffQ&t=393s
First Reading:	Equality in a Sea of Inequality by Peggy Clarke
Meditative Music:	"America the Beautiful" by The Nields https://www.youtube.com/watch?fbclid=IwAR3t1880atZ3g-Pudq4Xpu4OKww4V0eFeNdoB-yJkyWfhycgPam52v4YPT8&v=05EkPN7GQQA&feature=youtu.be (4:58)
Second Reading:	Let America Be America Again by Langston Hughes, full version(1935)
Sermon:	Symbols of our Faith
Closing Hymn:	This Land is Your Land Written by Woody Guthrie, Sung by Elizabeth Mitchell https://www.youtube.com/watch?v=rRnHx3yVuf4&t=1s (4:12)

Condolences to the Family and Friends of Helen Wing

Helen Wing passed peacefully into the crisp morning air on Wednesday morning June 23 surrounded by her beloved family. In the last months of her life she expressed over and over how grateful she was for her the loving and supportive collection of friends and family and was clear sighted in her desire to be free of the constraints of her failing body. Her life was full of courageous, loving acts and even though she would not describe herself as a woman of faith, she lived and taught with a firm belief that we human beings could offer understanding and generosity to each other even in the most trying times. She will be fiercely missed by those whose lives she touched. A memorial celebration of her extraordinary life will be forthcoming.

Dr. Don on Covid-19

Dr. Don on COVID-19 Missouri Requests Federal COVID Aid

A cautionary tale from a state that has dealt with COVID differently from Maine.

Missouri requested help from new COVID-19 federal response teams as the delta variant continues to spread, with surging case numbers and hospitalizations throughout the state. The response with what are called "surge response teams," announced in a White House press conference last Thursday, will be dispatched to emerging COVID-19 hotspots around the country, where vaccination rates remain low. The teams are designed to "surge additional testing into communities to expand detection of the virus and allow public health authorities to do contact tracing to help contain outbreaks," according to an announcement from the White House. They'll aim to boost testing and vaccinations, as well as track down and treat those who have fallen ill.

According to the Kansas City Star and multiple media reports, Missouri has requested this federal aid. In a recent report, the CDC says the highest proportion of Delta variant was detected in southwest Missouri, which accounted for nearly two-thirds of all Delta variants identified in the state. Missouri reported 4,271 new COVID-19 cases in the past week, and 945 people throughout the state are hospitalized. Of those hospitalized, 265 are in the intensive care unit and 121 are on ventilators, according to state data.

State data shows that 44.6% of residents have received at least one shot, far short of the 54.7% rate nationally. In more than 60 Missouri counties, less than 30% of the population had received their first shot, according to state data. Southwest Missouri emerged in recent weeks as a hotspot for the delta variant – a more infectious strain of COVID-19. The results have strained hospitals, made national headlines and frustrated health care leaders. Unfortunately hospitalizations jumped by nearly 30% just this past weekend, making the situation even worse.

Steve Edwards, president and CEO of CoxHealth in Springfield, Missouri posted the hospital's daily virus report — a 32% symptomatic positive case rate — alongside this message of frustration Thursday: "If you are making wildly disparaging comments about the vaccine, and have no public health expertise, you may be responsible for someone's death," Edwards wrote. "Shut up."

[As of July 6 the seven day averages in Maine for new COVID infections is 20 and new daily hospitalizations average 1. Maine and Massachusetts have 62% of their populations fully vaccinated, second in the U.S. only to Vermont with 66% fully vaccinated. Over 90% of those 65 and older in Maine are fully vaccinated. The state of Mississippi has the lowest vaccination rate at just under 30%.]

Send your questions, comments or suggestions to naber@gwi.net

Ad-hoc Covid-19 Advisory Group

This group has generously volunteered to be available to support members with personal safety, health or travel questions, concerns, or anxieties. Feel free to reach out to one of them directly.

Betty Cairn, RN	StonehengeMaine@yahoo.com	207-215-6394
Terry Lee Cairn, ND, MSOM, Lac.	tlcnaturalhealth@yahoo.com	207-557-2557
Harry Grimmnitz, MD	hgrimmnitz@gmail.com	207-685-9270
Don Naber, Ed.D	naber@gwi.net	207-887-1104
Cathie Nielsen, MD	cathieenielsen@gmail.com	207-441-0248
Marty Soule, PA-C	martysoule@gmail.com	207-685-9270

UUCC Pastoral Ministry Team

We are here for you. Feel free to reach out in times of need for compassionate listening, for casual conversation, to share some good news, to share your struggle or just to say hello.

Martha Pelletier, Chair	207-685-9592 (H)	Mjpell14@roadrunner.com
Helen Zidowecki	207-582-5308 (h)	hzmre@hzmre.com
Tracy McNaughton	207-623-3110 (h)	tracy.mcnaughton@yahoo.com
Peggy Lamb	207 622-5174 (h)	plambflowers@outlook.com

Pastoral Ministry Team Summer On-Call Schedule

1. July 5 – July 11	Martha	3. July 19 – July 25	Tracy
2. July 12 – July 18	Helen	4. July 26 – August 1	Martha

For special services and celebrations, contact Rev. Helen Zidowecki.

Caring Cooperative support includes rides, meals, errands, get well and condolence cards as well as companion visits.

If you would like to request or suggest meal support: contact Martha Pelletier 685-9592.

If you would like to request or suggest cards: Contact Angie Blevins, 592-5655



UUCC Small Group Ministry

Looking for greater human and spiritual connection during this most disconnected of times? Small Group Ministry offers this vital need in our spiritual community, and so much more! For more information, contact Michael Conley at 207-248-7948 or at estherpearl67@gmail.com.

UCC Office Hours – NEXT WEEK

UCC Office Hours

Tues, Wed, Thurs and Friday

8:00 am to 1:00 pm.

TEMPORARY HOURS

<plus 7 flex / work at home hours>

Staff Contact information:

Church Administrator, Lynn M. Smith, admin@augustauu.org, Phone 622-3232

Coordinator of Lifespan Faith Formation, Monique McAuliffe, LifespanFF@augustauu.org

Music Director, Bridget Convey, musicdirector@augustauu.org