

Weekly E-Blast

Unitarian Universalist Community Church

Wednesday, August 4, 2021

Upcoming Services

<p>THIS Sunday</p> <p>August 8, 2021 10:00 a.m. via Zoom</p> <p>UUCC Zoom room</p>	<p><u>Doors of Change</u> Bettina Lehovec, UUCC Summer Minister</p> <p>We're standing on the cusp of change. How do we navigate this time of becoming? What is our role in creating the future we want to see? We'll explore these questions through the lens of a fantasy novel, <u>The Ten Thousand Doors of January</u>.</p> <p>Our worship associates will be Marilyn Gordon and Sara Hodgkins. Our pianist will be Stefanie Barley.</p>
<p>NEXT Sunday</p> <p>August 15, 2021 10:00 a.m. via Zoom</p> <p>UUCC Zoom room</p>	<p><u>Beginning the Interim Journey</u> Chloë Briedé, UUCC Interim Minister</p> <p>This month we begin our journey into interim ministry together. What is this new path we embark on together? How do we hold what is both behind us and in front of us?</p> <p>Join us for Chloe's first service with the UUCC.</p> <p>Susan Burnett and John Seksay will serve as our worship associates. Karen Allen will be our pianist</p>

**All worship services AND virtual events (unless noted) are held in the
UUCC ZOOM ROOM**

Other ways to UUCC Zoom Room Zoom:

- 1. Join from your internet browser by clicking this link or typing this into your browser:**
<https://zoom.us/j/8238070673>, launch Zoom, then enter **passcode: 6971**
- 2. Select "Join Meeting" from the Zoom application on your computer or mobile device.**

UUCC Meeting ID: 823 807 0673 – then enter **passcode: 6971**

- 3. Join by phone:** dial 1 646 558 8656 (NOTE: toll charge may apply)

At first prompt (meeting id: 823 807 0673#)

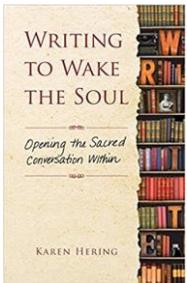
At second prompt: press # (no personal id needed) <No passcode needed when joining by phone>

NOTE---*6 is mute AND un-mute on your phone. The host cannot mute or un-mute people who phone-in.

HOSTS: Once in your meeting, claim the host using the HOST KEY as you have done in the past.

Connections

Weekly Events

<p><u>Monday</u> <u>Each week</u> <u>6:30 – 8:00</u> <u>p.m.</u></p>	<p style="text-align: center;"><u>Peaceful Heart Sangha</u> You may join us at 6:15 to settle in.</p> <p>The login and password information has changed. Please contact Marty Soule for updated login information at email martysoule@gmail.com. FMI: peacefulheartsangha@gmail.com</p> 
<p><u>Wednesdays</u> <u>Each Week</u> <u>5:00 – 6:00</u> <u>p.m.</u></p> <p><u>Cancelled for tonight --</u> <u>Wed. 8/4</u></p>	<p style="text-align: center;">Gentle YOGA Hosted by Debbie Mattson</p> <p style="text-align: center;">YOGA is CANCELLED for TONIGHT – 8/4</p> <p>Please join us a few minutes before 5:00 to settle in so we can begin our class right at 5:00 p.m. Zoom Login: Click link below to join. https://maine.zoom.us/j/95825651125?pwd=UWJpOVFjVFJGb3dMWmZoOTRXa3VoUT09 Password 174192 - FMI: DebbieMattson@hotmail.com</p> 
<p><u>Thursdays</u> <u>Each Week</u> <u>8:00 – 9:30</u> <u>a.m.</u></p>	<p style="text-align: center;"><u>Peaceful Heart Sangha</u></p> <p>You may join us at 7:45 a.m. to settle in. Meet from 8-9:30</p> <p>The login and password information has changed. Please contact Marty Soule for updated login information at martysoule@gmail.com. FMI: peacefulheartsangha@gmail.com</p> 
<p><u>2nd & 4th</u> <u>Thursday</u></p> <p><u>9:00 – 10:30</u> <u>a.m.</u></p>	<p><i>Writing to Wake the Soul</i> We meet the 2nd and 4th Thursday of each month - 9:00 - 10:30 a.m.</p> <p>This is an open group and if you would like to participate in this event, please contact Debbie Mattson (debbiemattson@hotmail.com) for the login/passcode information. Hosting of this event is shared and zoom link changes week to week.</p> <p>We gather and write together to explore spiritual themes. The writing is used as a conveyance to connect more deeply with ourselves and each other. We are not writing to develop skill. Come and try it out; there is no obligation to come each time we gather.</p> 

ALL church events and meetings are reflected on the UCC calendar

Click below to view ALL events, including any group meetings or other business meetings.

<https://www.augustauu.org/calendar-and-communications/>

Notices

ATTENTION: Please note that tonight's YOGA Class has been cancelled.

Regular weekly Yoga classes will resume next week on August 11th.

Condolences to the family and friends of Phyllis Cudmore

We have been informed by Phyllis Cudmore's son, William that Phyllis passed away unexpectedly on July 5th.

An obituary was in the Kennebec Journal (7/16) and can be found online at <https://www.khrfuneralhomes.com/obituaries/obituary-listings?obId=21705296>. Memories, condolences and photos may also be shared at this online address.

The family is planning a celebration of life in the fall at American Legion #2. Details will be shared as they are received.

Dr. Don on Covid-19

Dr. Don on COVID-19 Distrust and Disinformation

A Belfast rally held two Tuesdays ago highlights the difficulties ahead in preventing the spread COVID-19.

A rally of supporters of the national group Arise USA, which is critical of COVID-19 restrictions and alleges 2020 election fraud and other conspiracy theories drew a crowd to Belfast's Crosby Center Tuesday evening, as well as protesters on the street outside.

Former CIA agent Robert David Steele, a featured speaker at the rally, sounded themes of citizen empowerment, while criticizing the government's response to the pandemic and other issues. He emphasized the importance of education while encouraging gun-packing mothers to show up at school board meetings. Other speakers included Dr. Christiane Northrup, whose vaccination disinformation recently landed her on a Disinformation Dozen list. Northrup's claims include RNA vaccines will alter the human DNA leading to human chimeras, metal in the vaccine provides antennas detected by 5G cell phone technology, the vaccines contain nanoparticle biometric detector chips patented by the Bill and Melinda Gates Foundation to be traded for cryptocurrency and a MIT enzyme will help keep a tab on who has been vaccinated. She did not provide any evidence to back her claims all of which have been thoroughly debunked.

The common themes throughout the event included a distrust of elected officials and government and skepticism of the severity of the covid pandemic and of vaccines.

*** For easily readable COVID-19 factual information answering most of the questions, concerns and "controversies" I would suggest the following University of Michigan website and blog by copying the following and inserting it into your web browser:

<https://healthblog.uofmhealth.org/wellness-prevention/not-sure-about-covid-19-vaccine-get-facts-then-decide>

Next Time: When politics dictates public health and individual liberties triumph over the common good: the Current COVID situation in Florida and Texas.

Send your questions, comments or suggestions to naber@gwi.net

Ad-hoc Covid-19 Advisory Group

This group has generously volunteered to be available to support members with personal safety, health or travel questions, concerns, or anxieties. Feel free to reach out to one of them directly.

Betty Cairn, RN	StonehengeMaine@yahoo.com	207-215-6394
Terry Lee Cairn, ND, MSOM, Lac.	tlcnaturalhealth@yahoo.com	207-557-2557
Harry Grimmnitz, MD	hgrimmnitz@gmail.com	207-685-9270
Don Naber, Ed.D	naber@gwi.net	207-887-1104
Cathie Nielsen, MD	cathieenielsen@gmail.com	207-441-0248
Marty Soule, PA-C	martysoule@gmail.com	207-685-9270

UUCS Pastoral Ministry Team

We are here for you. Feel free to reach out in times of need for compassionate listening, for casual conversation, to share some good news, to share your struggle or just to say hello.

Martha Pelletier, Chair	207-685-9592 (H)	Mjpell14@roadrunner.com
Helen Zidowecki	207-582-5308 (h)	hzmre@hzmre.com
Tracy McNaughton	207-623-3110 (h)	tracy.mcnaughton@yahoo.com
Peggy Lamb	207 622-5174 (h)	plambflowers@outlook.com

Caring Cooperative support includes rides, meals, errands, get well and condolence cards as well as companion visits.

If you would like to request or suggest meal support: contact Martha Pelletier 685-9592.

If you would like to request or suggest cards: Contact Angie Blevins, 592-5655

UUCS Small Group Ministry



Looking for greater human and spiritual connection during this most disconnected of times? Small Group Ministry offers this vital need in our spiritual community, and so much more! For more information, contact Michael Conley at 207-248-7948 or at estherpearl67@gmail.com.

UCC Office Hours – NEXT WEEK

UCC Office Hours

Office Hours

Tues, Wed, Thurs and Friday

8:00 am to 1:00 pm.

<plus 7 flex / work at home hours>

Chloë Briedé, Interim Minister

Email: chloeuucc@gmail.com

<contact phone numbers and office hours will
be forthcoming?>

Staff Contact information:

Church Administrator, Lynn M. Smith, admin@augustauu.org, Phone 622-3232

Coordinator of Lifespan Faith Formation, Monique McAuliffe, LifespanFF@augustauu.org

Music Director, Bridget Convey, musicdirector@augustauu.org