

# Weekly E-Blast

Unitarian Universalist Community Church

Wednesday, August 11, 2021

## Upcoming Services

<p><b>THIS Sunday</b></p> <p>August 15, 2021 10:00 a.m. via Zoom</p> <p><b>UUCC Zoom room</b></p>	<p><b><u>Beginning the Interim Journey</u></b> Chloë Briedé, UUCC Interim Minister</p> <p>This month we begin our journey into interim ministry together. What is this new path we embark on together? How do we hold what is both behind us and in front of us?</p> <p><b>Join us for Chloe's first service with the UUCC.</b></p> <p>Susan Burnett and John Seksay will serve as our worship associates. Karen Allen will be our pianist</p>
<p><b>NEXT Sunday</b></p> <p>August 22, 2021 10:00 a.m. via Zoom</p> <p><b>UUCC Zoom room</b></p>	<p><b><u>Slowing Down</u></b> Chloë Briedé, UUCC Interim Minister</p> <p>Introspection and exploration often takes slowing down and listening. How do we build a practice of pausing into our life? What can we learn from pausing and listening deeply?</p> <p>Our worship associate will be John Seksay. Our pianist will be Karen Foust.</p>

**All worship services AND virtual events (unless noted) are held in the  
UUCC ZOOM ROOM**

### **Other ways to UUCC Zoom Room Zoom:**

- 1. Join from your internet browser by clicking this link or typing this into your browser:  
<https://zoom.us/j/8238070673>, launch Zoom, then enter **passcode: 6971****
- 2. Select "Join Meeting" from the Zoom application on your computer or mobile device.**

UUCC Meeting ID: 823 807 0673 – then enter **passcode: 6971**

- 3. Join by phone: dial 1 646 558 8656 (NOTE: toll charge may apply)**

At first prompt (meeting id: 823 807 0673#)

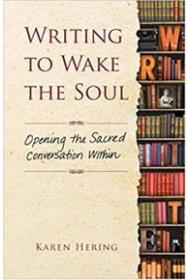
At second prompt: press # (no personal id needed) <No passcode needed when joining by phone>

NOTE---\*6 is mute AND un-mute on your phone. The host cannot mute or un-mute people who phone-in.

**HOSTS: Once in your meeting, claim the host using the HOST KEY as you have done in the past.**

## Connections

### Weekly Events

<p><b><u>Monday</u></b> Each week <b><u>6:30 – 8:00</u></b> <b><u>p.m.</u></b></p>	<p style="text-align: center;"><b><u>Peaceful Heart Sangha</u></b> You may join us at 6:15 to settle in.</p> <p>The login and password information has changed. Please contact Marty Soule for updated login information at email <a href="mailto:martysoule@gmail.com">martysoule@gmail.com</a>. FMI: <a href="mailto:peacefulheartsangha@gmail.com">peacefulheartsangha@gmail.com</a></p> 
<p><b><u>Wednesdays</u></b> Each Week <b><u>5:00 – 6:00</u></b> <b><u>p.m.</u></b></p>	<p style="text-align: center;"><b>Gentle YOGA</b> Hosted by Debbie Mattson</p> <p>Please join us a few minutes before 5:00 to settle in so we can begin our class right at 5:00 p.m. Zoom Login:</p> <p style="text-align: center;">Click link below to join. <a href="https://maine.zoom.us/j/95825651125?pwd=UWJpOVFjVFJGbz3dMWmZoOTRXa3VoUT09">https://maine.zoom.us/j/95825651125?pwd=UWJpOVFjVFJGbz3dMWmZoOTRXa3VoUT09</a> Password <b>174192</b> - FMI: <a href="mailto:DebbieMattson@hotmail.com">DebbieMattson@hotmail.com</a></p> 
<p><b><u>Thursdays</u></b> Each Week <b><u>8:00 – 9:30</u></b> <b><u>a.m.</u></b></p>	<p style="text-align: center;"><b><u>Peaceful Heart Sangha</u></b></p> <p>You may join us at 7:45 a.m. to settle in. Meet from 8-9:30</p> <p>The login and password information has changed. Please contact Marty Soule for updated login information at <a href="mailto:martysoule@gmail.com">martysoule@gmail.com</a>. FMI: <a href="mailto:peacefulheartsangha@gmail.com">peacefulheartsangha@gmail.com</a></p> 
<p><b><u>2nd &amp; 4th</u></b> <b><u>Thursday</u></b>  <b><u>9:00 – 10:30</u></b> <b><u>a.m.</u></b></p>	<p><i>Writing to Wake the Soul</i> <b>We meet the 2<sup>nd</sup> and 4<sup>th</sup> Thursday of each month - 9:00 - 10:30 a.m.</b></p>  <p>This is an open group and if you would like to participate in this event, please contact Debbie Mattson (<a href="mailto:debbiemattson@hotmail.com">debbiemattson@hotmail.com</a>) for the login/passcode information. Hosting of this event is shared and zoom link changes week to week.</p> <p>We gather and write together to explore spiritual themes. The writing is used as a conveyance to connect more deeply with ourselves and each other. We are not writing to develop skill. Come and try it out; there is no obligation to come each time we gather.</p>

**ALL church events and meetings are reflected on the UCC calendar**  
Click below to view ALL events, including any group meetings or other business meetings.  
<https://www.augustauu.org/calendar-and-communications/>

# Notices

## Update on Helen McKendry

Helen McKendry has recently been in the hospital but now is home, resting comfortably and enjoying visits from family. She welcomes calls to her home number, 622-6544, as well as cards, which can be mailed to her at: P.O. Box 264, Manchester, ME 04351.

## Dr. Don on Covid-19

### Dr. Don on COVID-19      COVID Vaccine Value Becomes Obvious

I was originally going to write about the Current COVID situation in Florida and Texas and the danger posed by vaccine avoidance when I saw the following headline: CDC: More than 99.99% of fully vaccinated people have not had a severe breakthrough case of Covid-19. The facts behind the current "pandemic of the unvaccinated" have become increasingly obvious.

Anyone who has studied immunity resulting from vaccination have learned that vaccines routinely fail to provide protection to a percentage of those vaccinated. The vaccine failure rate varies widely from 30 to 40+% with influenza vaccines, 7% for chickenpox, 3% for measles and to less than one percent for individuals given 3 to 4 oral polio vaccines. The oral polio vaccine was found to on rare occasions cause polio and was eliminated from common use. Also, immunity fades, sometimes in weeks, often in months. I can only think of one vaccine considered to provide decades long immunity, the vaccine against the yellow fever virus carried in tropical mosquitoes.

Although rare complications do occur, vaccinations are considered to have prevented more serious illness and death than any other medical breakthrough. We see this again today. More than 99.99% of people who are fully vaccinated against Covid-19 have not had a breakthrough case resulting in hospitalization or death, according to a CNN analysis of data from the US Centers for Disease Control and Prevention (CDC).

As of Aug. 2, more than 164 million people in the United States were fully vaccinated against Covid-19, according to the CDC. Fewer than 0.001% of those individuals — 1,507 people — died and fewer than 0.005% — 7,101 people — were hospitalized with Covid-19.

About three-quarters (74%) of all reported breakthrough cases were among seniors age 65 or older. Of the roughly 1,500 people who died, one in five passed away from something other than Covid-19 even though they had a breakthrough case of the virus, according to the CDC.

Since May, the CDC has focused on investigating only hospitalized or fatal cases among those who have been fully vaccinated.

According to the CDC, this data “help[s] identify patterns and look[s]for signals among vaccine breakthrough cases.” According to the CDC “To date, no unexpected patterns have been identified in the case demographics or vaccine characteristics among people with reported vaccine breakthrough infections.” Full COVID vaccination is working.

Send your questions, comments or suggestions to [naber@gwi.net](mailto:naber@gwi.net)

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### **Ad-hoc Covid-19 Advisory Group**

This group has generously volunteered to be available to support members with personal safety, health or travel questions, concerns, or anxieties. Feel free to reach out to one of them directly.

Betty Cairn, RN	<a href="mailto:StonehengeMaine@yahoo.com">StonehengeMaine@yahoo.com</a>	207-215-6394
Terry Lee Cairn, ND, MSOM, Lac.	<a href="mailto:tlcnaturalhealth@yahoo.com">tlcnaturalhealth@yahoo.com</a>	207-557-2557
Harry Grimmnitz, MD	<a href="mailto:hgrimmnitz@gmail.com">hgrimmnitz@gmail.com</a>	207-685-9270
Don Naber, Ed.D	<a href="mailto:naber@gwi.net">naber@gwi.net</a>	207-887-1104
Cathie Nielsen, MD	<a href="mailto:cathieenielsen@gmail.com">cathieenielsen@gmail.com</a>	207-441-0248
Marty Soule, PA-C	<a href="mailto:martysoule@gmail.com">martysoule@gmail.com</a>	207-685-9270

### **UUC Pastoral Ministry Team**

We are here for you. Feel free to reach out in times of need for compassionate listening, for casual conversation, to share some good news, to share your struggle or just to say hello.

Martha Pelletier, Chair	207-685-9592 (H)	<a href="mailto:Mjpell14@roadrunner.com">Mjpell14@roadrunner.com</a>
Helen Zidowecki	207-582-5308 (h)	<a href="mailto:hzmre@hzmre.com">hzmre@hzmre.com</a>
Tracy McNaughton	207-623-3110 (h)	<a href="mailto:tracy.mcnaughton@yahoo.com">tracy.mcnaughton@yahoo.com</a>
Peggy Lamb	207 622-5174 (h)	<a href="mailto:plambflowers@outlook.com">plambflowers@outlook.com</a>

**Caring Cooperative** support includes rides, meals, errands, get well and condolence cards as well as companion visits.

If you would like to request or suggest meal support: contact Martha Pelletier 685-9592.

If you would like to request or suggest cards: contact Angie Blevins, 592-5655 or Peggy Lamb 622-5174.

### **UUC Small Group Ministry**



Looking for greater human and spiritual connection during this most disconnected of times? Small Group Ministry offers this vital need in our spiritual community, and so much more! For more information, contact Michael Conley at 207-248-7948 or at [estherpearl67@gmail.com](mailto:estherpearl67@gmail.com).

## UUC Office Hours – NEXT WEEK

### UUC Office Hours

Tues, Wed, Thurs and Friday  
8:00 am to 1:00 pm. <plus 7 flex hrs >

**Church Administrator:** Lynn M. Smith,  
[admin@augustauu.org](mailto:admin@augustauu.org) or 622-3232

**Interim Minister,** Chloë Briedé

Email: [chloeuucc@gmail.com](mailto:chloeuucc@gmail.com)

Office: (207) 623-3663

For pastoral emergencies please call her cell phone (757) 234-1303. She will return your call as soon as possible.

### **Minister Briede's office hours:**

Monday	No office hours
Tuesday	Noon – 4:00 p.m.
Wednesday	Noon – 4:00 p.m.
Thursday	Noon – 4:00 p.m.
Friday	No office hours

<Other hours available by appointment>

### **Staff Contact information:**

Church Administrator, Lynn M. Smith, [admin@augustauu.org](mailto:admin@augustauu.org), Phone 622-3232

Coordinator of Lifespan Faith Formation, Monique McAuliffe, [LifespanFF@augustauu.org](mailto:LifespanFF@augustauu.org)

Music Director, Bridget Convey, [musicdirector@augustauu.org](mailto:musicdirector@augustauu.org)