

# Weekly E-Blast

Unitarian Universalist Community Church

Wednesday, August 18, 2021

## Upcoming Services

<p><b>THIS Sunday</b></p> <p>August 22, 2021 10:00 a.m. via Zoom</p> <p><b>UCC Zoom room</b></p>	<p><b><u>Slowing Down</u></b> Chloë Briedé, UCC Interim Minister</p> <p>Introspection and exploration often takes slowing down and listening. How do we build a practice of pausing into our life? What can we learn from pausing and listening deeply?</p> <p>Our worship associate will be John Seksay. Our pianist will be Karen Foust.</p>
<p><b>NEXT Sunday</b></p> <p>August 29, 2021 10:00 a.m. via Zoom</p> <p><b>UCC Zoom room</b></p>	<p><b><u>Every Blessing</u></b> Chloë Briedé, UCC Interim Minister</p> <p>Chloe will reflect on a favorite hymn "Come, Thou Fount of Every Blessing." Learn about the history of the hymn and the hope found in the Unitarian Universalist verses.</p> <p>Sara Hodgkins will serve as our worship associate. Stefanie Barley will be our pianist</p>

**All worship services AND virtual events (unless noted) are held in the UCC ZOOM ROOM**

### **Other ways to UCC Zoom Room Zoom:**

- 1. Join from your internet browser by clicking this link or typing this into your browser:**  
<https://zoom.us/j/8238070673>, launch Zoom, then enter **passcode: 6971**
- 2. Select "Join Meeting" from the Zoom application on your computer or mobile device.**

UCC Meeting ID: 823 807 0673 – then enter **passcode: 6971**

- 3. Join by phone:** dial 1 646 558 8656 (NOTE: toll charge may apply)

At first prompt (meeting id: 823 807 0673#)

At second prompt: press # (no personal id needed) <No passcode needed when joining by phone>

NOTE---\*6 is mute AND un-mute on your phone. The host cannot mute or un-mute people who phone-in.

**HOSTS: Once in your meeting, claim the host using the HOST KEY as you have done in the past.**

## Connections

### Goddess / Earth Circles

Sunday, August 22, 2021, 1-2:30 via UUCC Zoom

We have been looking forward to gathering in the yard by the church. However, the weather predictions include the possibility of showers and I would rather make the change to zoom now than to contact everyone on short notice.

The August Summer Gathering will include:

- Sharing and check-in.
- Reflection on the Phases of the Goddess/Our Lives. This was sent out July 28. Contact Helen Zidowecki if you need electronic or printed copy.
- Holding the women of Afghanistan in our thoughts.

Please join us.  
Helen Zidowecki

## Weekly Events

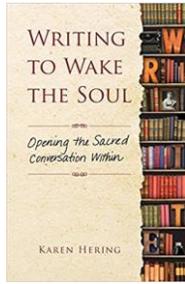
<b><u>Monday</u></b> <u>Each week</u> <b><u>6:30 – 8:00</u></b> <b><u>p.m.</u></b>	 <b><u>Peaceful Heart Sangha</u></b> You may join us at 6:15 to settle in. The login and password information has changed. Please contact Marty Soule for updated login information at email <a href="mailto:martysoule@gmail.com">martysoule@gmail.com</a> . FMI: <a href="mailto:peacefulheartsangha@gmail.com">peacefulheartsangha@gmail.com</a>	
<b><u>Wednesdays</u></b> <u>Each Week</u> <b><u>5:00 – 6:00</u></b> <b><u>p.m.</u></b>	<b><u>Gentle YOGA</u></b> Hosted by Debbie Mattson Please join us a few minutes before 5:00 to settle in so we can begin our class right at 5:00 p.m. Zoom Login: Click link below to join. <a href="https://maine.zoom.us/j/95825651125?pwd=UWJpOVFjVFJGb3dMWmZoOTRxa3VoUT09">https://maine.zoom.us/j/95825651125?pwd=UWJpOVFjVFJGb3dMWmZoOTRxa3VoUT09</a> Password <b>174192</b> - FMI: <a href="mailto:DebbieMattson@hotmail.com">DebbieMattson@hotmail.com</a>	
<b><u>Thursdays</u></b> <u>Each Week</u> <b><u>8:00 – 9:30</u></b> <b><u>a.m.</u></b>	 <b><u>Peaceful Heart Sangha</u></b> You may join us at 7:45 a.m. to settle in. Meet from 8-9:30 The login and password information has changed. Please contact Marty Soule for updated login information at <a href="mailto:martysoule@gmail.com">martysoule@gmail.com</a> . FMI: <a href="mailto:peacefulheartsangha@gmail.com">peacefulheartsangha@gmail.com</a>	

**2nd & 4<sup>th</sup>  
Thursday**

**9:00 – 10:30  
a.m.**

## *Writing to Wake the Soul*

**We meet the 2<sup>nd</sup> and 4<sup>th</sup> Thursday of each month - 9:00 - 10:30 a.m.**



This is an open group and if you would like to participate in this event, please contact Debbie Mattson (debbiemattson@hotmail.com) for the login/passcode information. Hosting of this event is shared and zoom link changes week to week.

We gather and write together to explore spiritual themes. The writing is used as a conveyance to connect more deeply with ourselves and each other. We are not writing to develop skill. Come and try it out; there is no obligation to come each time we gather.

**ALL church events and meetings are reflected on the UCC calendar**

**Click below to view ALL events, including any group meetings or other business meetings.**

<https://www.augustauu.org/calendar-and-communications/>

## Notices

**It's TIME!!!**



The first planning meeting for the **2021 church fair** is right around the corner. Join us on Aug. 24 at noon for 1 1/2 hours to share ideas about how to do the fair this year. Will we have a fair catalog? Will the fair be in person? Will it be a hybrid of these two types?

What should we be offering? Who will be the helpers? What about soups and/or cookies? SO many questions to discuss!

Come join the first planning meeting. See you there. If you are unable to attend but want to help, please contact Martha Naber at 887-1104 or [naber@zwi.net](mailto:naber@zwi.net), or Nancy Fritz at 213-3047 or [nfritz@roadrunner.com](mailto:nfritz@roadrunner.com).

## **Update on Helen McKendry**

Helen McKendry has recently been in the hospital but now is home, resting comfortably and enjoying visits from family. She welcomes calls to her home number, 622-6544, as well as cards, which can be mailed to her at: P.O. Box 264, Manchester, ME 04351.

## Board of Trustees

### BOARD HIGHLIGHTS - August 2021

#### At its August 12, meeting, the Board:

- Heard from the treasurer that the updated figure for income from fy 20-21 is \$256,625 giving us a carryover for this year of \$24,463. The new payroll service is working smoothly.
- Heard from Rev. Claire Curole about her role as Community Minister with UUCU.
- Passed a motion to create a work group to make recommendations to the Board by February for upgrading the church technology and communication systems.
- Approved the reopening policy presented by the Covid team after discussion and some revision.

**The next meeting of the Board will be SEPTEMBER 9, at 5:00.**

## Dr. Don on Covid-19

Dr. Don on COVID-19      Maine health care workers must be fully vaccinated for COVID-19 by October 1, 2021.

The Maine Center for Disease Control and Department of Health and Human Services has long required employees of health care facilities to be immunized against vaccine-preventable diseases, including measles, mumps, rubella, chickenpox, hepatitis B, and influenza. This existing rule has been amended to include the COVID-19 vaccine. Organizations that fall under the requirement must ensure each employee is vaccinated. The state will enforce it as a condition of the facilities' licensure.

Gov. Janet Mills' office says she believes Mainers have the right to expect their health care workers are fully vaccinated against COVID-19. The governor's office released a statement in response to a demonstration in Portland's West End Saturday where at least 200 people rallied against the mandate. Demonstrators also protested the requirement in Bangor and Augusta citing the vaccines as not fully CDC licensed, freedom to decide what enters their bodies and concern with vaccine side effects.

The new requirement "simply adds the COVID-19 vaccine and is supported by a broad coalition of health care providers across Maine," stated Lindsay Crete, spokesperson for Gov. Mills. "Further, the governor believes that every person in Maine who is placed in the care of a health care facility has the right to expect - as do their families - that they will receive high-quality and safe care, which includes having their care providers be fully vaccinated in order to protect them against this deadly virus as much as possible," Crete added.

The COVID-19 vaccine mandate is supported by the Maine Hospital Association and other groups representing dentists, nursing homes and others. The state's biggest hospital networks, MaineHealth and Northern Light Health, had already announced their own mandates, but wanted a statewide mandate to keep requirements uniform across the state.

Legislative Republicans are preparing legislation to try to repeal the mandate, although the chambers are out until October and Democratic majorities would make such a bill dead on arrival. Mills, her administration and health care providers are betting that it will not cause major harm to the health care sector.

Hospitals are preparing for resistance, but an exodus from the profession would be a surprise given recent examples like Houston Methodist Hospitals which lost 0.006 percent of their workforce after mandating COVID vaccinations. Both the hospital association and Northern Light said they expect at least a small share of the workforce to quit over the mandate. While the state boasts one of the highest vaccination rates in the country, it still has more than 10,000 workers in hospitals and nursing homes alone who are not fully vaccinated, according to state data.

Send your questions, comments or suggestions to [naber@zwi.net](mailto:naber@zwi.net)

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### **Ad-hoc Covid-19 Advisory Group**

This group has generously volunteered to be available to support members with personal safety, health or travel questions, concerns, or anxieties. Feel free to reach out to one of them directly.

Betty Cairn, RN	<a href="mailto:StonehengeMaine@yahoo.com">StonehengeMaine@yahoo.com</a>	207-215-6394
Terry Lee Cairn, ND, MSOM, Lac.	<a href="mailto:tlcnaturalhealth@yahoo.com">tlcnaturalhealth@yahoo.com</a>	207-557-2557
Harry Grimmnitz, MD	<a href="mailto:hgrimmnitz@gmail.com">hgrimmnitz@gmail.com</a>	207-685-9270
Don Naber, Ed.D	<a href="mailto:naber@zwi.net">naber@zwi.net</a>	207-887-1104
Cathie Nielsen, MD	<a href="mailto:cathieenielsen@gmail.com">cathieenielsen@gmail.com</a>	207-441-0248
Marty Soule, PA-C	<a href="mailto:martysoule@gmail.com">martysoule@gmail.com</a>	207-685-9270

### **UCC Pastoral Ministry Team**

We are here for you. Feel free to reach out in times of need for compassionate listening, for casual conversation, to share some good news, to share your struggle or just to say hello.

Martha Pelletier, Chair	207-685-9592 (H)	<a href="mailto:Mjpell14@roadrunner.com">Mjpell14@roadrunner.com</a>
Helen Zidowecki	207-582-5308 (h)	<a href="mailto:hzmre@hzmre.com">hzmre@hzmre.com</a>
Tracy McNaughton	207-623-3110 (h)	<a href="mailto:tracy.mcnaughton@yahoo.com">tracy.mcnaughton@yahoo.com</a>
Peggy Lamb	207 622-5174 (h)	<a href="mailto:plambflowers@outlook.com">plambflowers@outlook.com</a>

**Caring Cooperative** support includes rides, meals, errands, get well and condolence cards as well as companion visits.

If you would like to request or suggest meal support: contact Martha Pelletier 685-9592.

If you would like to request or suggest cards: contact Angie Blevins, 592-5655 or Peggy Lamb 622-5174.

### **UCC Small Group Ministry**



Looking for greater human and spiritual connection during this most disconnected of times? Small Group Ministry offers this vital need in our spiritual community, and so much more! For more information, contact Michael Conley at 207-248-7948 or at [estherpearl67@gmail.com](mailto:estherpearl67@gmail.com).

## UCC Office Hours – NEXT WEEK

### UCC Office Hours

Tues, Wed, Thurs and Friday  
8:00 am to 1:00 pm. <plus 7 flex hrs >

**Church Administrator:** Lynn M. Smith,  
[admin@augustauu.org](mailto:admin@augustauu.org) or 622-3232

**Interim Minister,** Chloë Briedé

Email: [chloeuucc@gmail.com](mailto:chloeuucc@gmail.com)

Office: (207) 623-3663

For pastoral emergencies please call her cell phone (757) 234-1303. She will return your call as soon as possible.

### **Minister Briede's office hours:**

Monday	No office hours
Tuesday	Noon – 4:00 p.m.
Wednesday	Noon – 4:00 p.m.
Thursday	Noon – 4:00 p.m.
Friday	No office hours

<Other hours available by appointment>

### **Staff Contact information:**

Church Administrator, Lynn M. Smith, [admin@augustauu.org](mailto:admin@augustauu.org), Phone 622-3232

Coordinator of Lifespan Faith Formation, Monique McAuliffe, [LifespanFF@augustauu.org](mailto:LifespanFF@augustauu.org)

Music Director, Bridget Convey, [musicdirector@augustauu.org](mailto:musicdirector@augustauu.org)