

Weekly E-Blast

Unitarian Universalist Community Church
Wednesday, September 29, 2021

Upcoming Services

<p>THIS Sunday</p> <p>October 3, 2021 10:00 a.m. via Zoom</p> <p>UUCC Zoom room</p>	<p><u>“Blessing of the Animals”</u> Chloë Briedé, UUCC Interim Minister</p> <p>Our Soul Matters theme for October is Cultivating Relationship. Chloe will reflect on our relationships with animals and offer a blessing of the animals in honor of the Feast Day of St. Francis of Assisi on October 4.</p> <p>You can bring your pet to the zoom service or bring a picture. If you want your pet's picture shared in the service, please email Chloe by Thursday, Sept 30.</p> <p>Our worship associate will be Marilyn Gordon. Our pianist will be Karen Foust.</p> <hr/> <p>Join us after the Oct 3rd service <u>“What’s on Your Mind?” is B-A-C-K!</u></p> <p>The Board is happy to announce that it is bringing back the “What’s on Your Mind?” series. The gatherings will be held in the UUCC Zoom Room on the first Sunday of each month, October through December from 11:30-12:30.</p> <p>Congregants can ask questions, express concerns or make suggestions to the Board in a very informal meeting. Join us for an informative and fun hour. No agendas ... of any kind!</p> <p>For more information please contact Kathy Ann Shaw, Board President, at kathyannshaw@roadrunner.com.</p>
<p>NEXT Sunday</p> <p>October 10, 2021 10:00 a.m. via Zoom</p> <p>UUCC Zoom room</p>	<p><u>“Indigenous Peoples’ Day”</u> Chloë Briedé, UUCC Interim Minister</p> <p>Throughout much of history, America erased the voices of native people. Recentring native voices means giving up power and cultivating relationships. What does that look like? We will explore the history of the national park system and current movements for justice.</p> <p>Susan Burnett will serve as worship associate. Stefanie Barley will be out pianist.</p>

**All worship services AND virtual events (unless noted) are held in the
UCC ZOOM ROOM**

Other ways to UCC Zoom Room Zoom:

- 1. Join from your internet browser by clicking this link or typing this into your browser:**
<https://zoom.us/j/8238070673>, launch Zoom, then enter **passcode: 6971**
- 2. Select “Join Meeting” from the Zoom application on your computer or mobile device.**

UCC Meeting ID: 823 807 0673 – then enter **passcode: 6971**

- 3. Join by phone:** dial 1 646 558 8656 (**NOTE:** toll charge may apply)

At first prompt (meeting id: 823 807 0673#)

At second prompt: press # (no personal id needed) <No passcode needed when joining by phone>

NOTE---*6 is mute AND un-mute on your phone. The host cannot mute or un-mute people who phone-in.

HOSTS: Once in your meeting, claim the host using the **HOST KEY** as you have done in the past.

**Did you miss last Sunday’s worship service “Rooted and Resilient”
with Alia Shinbrough**

Watch the service by clicking the following link:

[Link to 9/26 "Rooted and Resilient" service](#)

Do you miss having a Sunday Order of Service?

We are now preparing a one page Order of Service for each Sunday service. The order of service for the upcoming Sunday will be available by noon on the Friday before the service. This order of service can be found on the home page of our website www.augustauu.org. Just scroll down to Upcoming Services and look for the link to the Order of Service.



Prior orders of service can be found for up to four services on our website Worship/Upcoming / Recent Services. Click here for a direct link <https://www.augustauu.org/worship/upcoming-services/>.

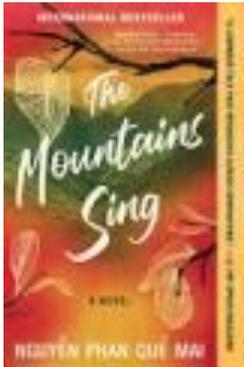
Connections



Small Group Ministry will be doing the November 7 service, and will be joined by the UUCC Choir. The tentative title of the service will be "Recovenenting in a Not-So-Brave New World".

Just as we as American citizens have had to reimagine the bonds that hold us together as a nation, balancing personal freedom with civic virtue and duty to our neighbors, SGM groups will need to reflect on their own interactions and commitments going forward.

Following the service, the congregation will be invited to join a Small Group session. SGM has been one of the most vital and dynamic parts of the UUCC over the decades. This will be an opportunity for those who are interested to experience how Small Group can enhance their spiritual journey.



In *The Mountains Sing*, Nguyễn Phan Quế Mai has created a luminous, complex family narrative that spans nearly a century of Vietnamese history, from the French colonial period through the communist Viet Minh's rise to power, the separation between North and South Vietnam, the Vietnam War, all the way to the present day.' NPR review

READ, SHARE, LEARN will meet in the **UUCC ZOOM ROOM** on Thursday October 7, 2021 to discuss our current book. We begin at Noon and end at 1:30. Anyone who is interested in this book is welcome to join us whether or not you have attended before. For more information about this or any meeting of the group, contact June Zellers at jzellers@roadrunner.com or Kathy Kellison at kell6787@gmail.com. We would love to

have you join us!

Tuesday Night Vespers Service – Tues. October 14th

5:30 - 6:00 p.m. - Viles Arboretum (benches behind the visitor's center).

you are
INVITED

Join us for a short evening vespers service. This is a chance to worship in a quiet, contemplative manner with UUCC folks **in-person**. Please bring a chair for yourself in case the benches are being used. Bring a chair for a friend to use if you have an extra. **PLEASE NOTE:** Masks are NOT required as we will maintain a 6 foot distance in accordance with our COVID Advisory group guidelines. Please feel free to wear your mask to meet your comfort level.

If it is raining, this event is CANCELLED and will be rescheduled.

Weekly Events

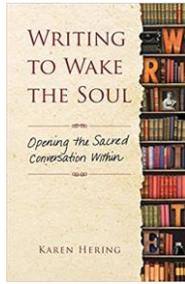
<p><u>Monday</u> <u>Each week</u> <u>6:30 – 8:00</u> <u>p.m.</u></p>	<p style="text-align: center;"><u>Peaceful Heart Sangha</u> You may join us at 6:15 to settle in.</p> <p>The login and password information has changed. Please contact Marty Soule for updated login information at email martysoule@gmail.com. FMI: peacefulheartsangha@gmail.com</p> 
<p><u>Wednesdays</u> <u>Each Week</u> <u>5:00 – 6:00</u> <u>p.m.</u></p>	<p style="text-align: center;"><u>Gentle YOGA</u> Hosted by Debbie Mattson</p> <p>Please join us a few minutes before 5:00 to settle in so we can begin our class right at 5:00 p.m. Zoom Login:</p>  <p style="text-align: center;">Click link below to join. https://maine.zoom.us/j/95825651125?pwd=UWJpOVFjVFJGb3dMWmZoOTRXa3VoUT09 Password 174192 - FMI: DebbieMattson@hotmail.com</p>
<p><u>Thursdays</u> <u>Each Week</u> <u>8:00 – 9:30</u> <u>a.m.</u></p>	<p style="text-align: center;"><u>Peaceful Heart Sangha</u></p> <p>You may join us at 7:45 a.m. to settle in. Meet from 8-9:30</p> <p>The login and password information has changed. Please contact Marty Soule for updated login information at martysoule@gmail.com. FMI: peacefulheartsangha@gmail.com</p> 
<p><u>2nd & 4th</u> <u>Wednesday</u> <u>9:00 – 10:30</u> <u>a.m.</u></p>	<p style="text-align: center;"><u>Seasoned Souls</u></p> <p>Seasoned Souls is a group of older church members that meet as a study/support group to talk openly about topics related to the aging process. Seasoned Souls is open to any church member over 65 years of age.</p> <p>We will meet in the yard behind the Judd house. When the weather is not so good, the group will meet via Zoom - Meeting ID 823 807 0673. If the meeting will be switched to Zoom, an email will be sent by 8:00 a.m. the morning of the meeting. The message will be sent by John Seksay, Diane Moongrove or Catherine Palmer.</p> <p>The group meets the 2nd and 4th Wednesday of each month from 10:30 a.m. until noon. FMI: , please contact Diane (dmoongrove@gmail.com or 446-6162) or Stefanie (stefbarley@gmail.com or 629-8890)</p>

**2nd & 4th
Thursday**

**9:00 – 10:30
a.m.**

Writing to Wake the Soul

We meet the 2nd and 4th Thursday of each month - 9:00 - 10:30 a.m.



This is an open group and if you would like to participate in this event

IMPORTANT NOTE: **Effective 9/9**, this group will meet in the **UCC Zoom Room INSTEAD** of a Private Zoom Room.

Join using: Meeting ID: 823 807 0673, Password: 6971

We gather and write together to explore spiritual themes. The writing is used as a conveyance to connect more deeply with ourselves and each other. We are not writing to develop skill. Come and try it out; there is no obligation to come each time we gather.

ALL church events and meetings are reflected on the UCC calendar

Click below to view ALL events, including any group meetings or other business meetings.

<https://www.augustauu.org/calendar-and-communications/>

Notices

MUUSAN

Administrative Coordinator Job Opening

The Maine Unitarian Universalist State Advocacy Network (MUUSAN) links the state's Unitarian Universalist churches to amplify its voices for social justice in the public square. Governed by an all-volunteer Steering Committee of members from UU churches throughout Maine, MUUSAN relies on support from a part-time Administrative Coordinator.



The Unitarian Universalist Community Church of Augusta is MUUSAN's fiscal agent, where the part-time Administrative Coordinator position is located.

For more information on the job description and how to apply, visit our website at

MUUSAN.org

We appreciate your help in sharing the information about this opportunity.

Parking reminder

Many groups are now meeting in the UUCC yard/garden. If you are attending one of these groups, please remember **to park on the street!** If you are leading one of these groups, please lead by example and park on the street AND remind your attendees to do the same.

The parking spaces between the Judd House and the Maine Primary Care Association **do not belong to the church.** Please do not park in this lot.

Winter Wonderland Fair Update Sept. 29, 2021

Yes, it is not too early to volunteer in some way for this FUN church fundraiser! We already have a crew of 3 so far to make holiday wreaths which are a HUGE seller! And Marilyn Dunn has agreed to make 10 of her beautiful swags.

NOW.....we need the tips and greens to make the wreaths. If you or someone you know has access to greenery/tips for wreath making please contact Martha Naber, Nancy Fritz or Nan Bell (nanbell1@hotmail.com) to let her know.

We have LOTS of decorations to add to these creations. There will be opportunities to help with this closer to Dec.

Thanks! Martha and Nancy

Social Justice Updates:

News from The Capital Area New Mainers Project (CANMP)

CANMP is expecting as many as 10 Afghan families to central Maine in the next few months. If you would like to join a Family Mentor Team to support one of these families, please email Chris Myers Asch newmainersproject@gmail.com. If there are multiple people from our church who would like to create a team, feel free to band together to form a UU team. Otherwise CANMP will build teams from the community. For questions about what it is like to be on a mentor team, contact Pam Lombard pamlombard@gmail.com or Hilary Neckles at hneckles@gmail.com

If you would like to assist new Mainers who need rides or you know of a new Mainer who needs rides OR if you would like to be on the mailing list to help with renovation projects for New Mainer housing contact newmainersproject@gmail.com

Fresh Starts is the best place to donate furniture for new families. Email them directly to arrange a drop off freshstart352@gmail.com.

The UUCS Social Justice group meets monthly and all are welcome to participate. The next meeting is October 24th at 11:15 a.m. on the Church Zoom Link. Discussion will include: The Carie Johnson Social Justice Fund; Introducing the 8th Principle to UUCS; and anti-racism learning opportunities.

Looking for a UUCS representative to work on Wabanaki sovereignty legislation through MUUSAN's Racial, Native and Immigrant Justice Issue Group. For more information on this or on joining one of MUUSAN's other issue groups: Democracy in Action; Climate Change; Health Care, contact Michaela Loisel michaelatloisel@gmail.com.

Update from COVID-19 Advisory Group

The plan for reopening UUCS for in-person, indoor gatherings approved by the Board on August 12, 2021 depends on the COVID-19 pandemic being under control in our state and county. The Delta variant of the virus (now widely circulating in Maine) is primarily affecting unvaccinated individuals, but some fully vaccinated folks are being infected and a few are getting very sick despite immunization.

The Board adopted a Maine CDC metric that measures “community (person to person) transmission” of the virus. We are closely monitoring this metric for both our county and the entire state (since the virus does not pay attention to county lines on the map). We sought expert advice from an infectious disease specialist and have set an upper safe limit of 10 new cases of COVID-19 per 10,000 people based upon the 14 day average. *If either county or state are over 10, it is not safe for us to reopen.* This data is published by the Maine CDC every Thursday morning (see below for how to access this information for yourself).

The most recent Maine CDC data: Published on September 23, 2021

14 day average	Sept 3	Sept 9	Sept. 16	Sept. 23
Kennebec County	21.09	37.45	47.51	44.73
State	27.00	35.12	42.39	48.07

The necessary CDC metric for us to reopen is no more than 10 new cases per 10,000 people.

The present CDC metric data means that there is currently too much COVID-19 activity for us to safely reopen.

To access the Maine CDC data on your computer:

1. Search for “Maine CDC data” in browser
2. Open COVID-19: Maine Data| Coronavirus Disease 2019 (COVID ...
3. Scroll all the way down to the heading “View Tables of Data for the Previous 14 and 28 days” and click on that heading
4. Click on Download Data for the Previous 14 and 28 Days (PDF)
5. We are using the 14 day “Case Data” (middle 4 columns) “Rate per 10,000” for Kennebec County and the total for the State.

Board of Trustees

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For more information please contact Kathy Ann Shaw, Board President, at kathyannshaw@roadrunner.com.

Dr. Don on Covid-19

Dr. Don on COVID-19 COVID "Booster Doses"

Last Week the Food and Drug Administration voted unanimously to recommend the agency authorize a booster shot of the Pfizer coronavirus vaccine. The recommendation is for those 65 years and older and for anyone at risk for severe illness who received the Pfizer vaccine six months earlier.

Specifically the FDA amended their emergency use authorization (EUA) for the Pfizer COVID-19 vaccine to allow for use of a single booster dose, to be administered at least six months after completion of the primary series in:

- individuals 65 years of age and older;
- individuals 18 through 64 years of age at high risk of severe COVID-19; and
- individuals 18 through 64 years of age whose frequent institutional or occupational exposure to SARS-CoV-2 puts them at high risk of serious complications of COVID-19 including severe COVID-19 infection.

The authorization applies only to the Pfizer-BioNTech COVID-19 Vaccine.

In the Auburn COVID vaccine clinic I have been attending as a volunteer we have been seeing significant numbers of booster doses being administered to all three of the above groups. The largest number of those seeking the vaccine booster are those at risk of infection due to immune deficiency or underlying health conditions that increase their risk of serious COVID infection.

The Pfizer COVID booster vaccination consists of an additional injection of the Pfizer vaccine. The "booster dose" is identical to what is utilized for the first and second vaccine immunizations. This makes the process much easier to keep track of and the work of the pharmacy technicians who prepare the syringes for use simplified.

Pfizer announced almost two weeks ago their coronavirus vaccine is safe and protective when given to children ages 5 to 11. The company said the children's immune responses were robust after receiving doses one-third the size of what adults receive. Full data, which pediatricians and other experts are eager to see, have not yet been

published and will be submitted to the Food and Drug Administration. It could be weeks to a month for federal regulators to complete their review.

The use of booster doses of the Moderna vaccine are under consideration by both the CDC and FDA and appear to be headed for EUA next month.

(*Happy Birthdays* One of the most memorable vaccinations I witnessed recently was of twins who had just turned 12. They had told their mother, who related the story, that they wanted COVID vaccinations for their birthdays.)

Send your questions, comments or suggestions to naber@zwi.net

Ad-hoc Covid-19 Advisory Group

This group has generously volunteered to be available to support members with personal safety, health or travel questions, concerns, or anxieties. Feel free to reach out to one of them directly.

Betty Cairn, RN	StonehengeMaine@yahoo.com	207-215-6394
Terry Lee Cairn, ND, MSOM, Lac.	tlcnaturalhealth@yahoo.com	207-557-2557
Harry Grimmnitz, MD	hgrimmnitz@gmail.com	207-685-9270
Don Naber, Ed.D	naber@zwi.net	207-887-1104
Cathie Nielsen, MD	cathieenielsen@gmail.com	207-441-0248
Marty Soule, PA-C	martysoule@gmail.com	207-685-9270

UCC Pastoral Ministry Team

We are here for you. Feel free to reach out in times of need for compassionate listening, for casual conversation, to share some good news, to share your struggle or just to say hello.

Martha Pelletier, Chair	207-685-9592 (H)	Mjpell14@roadrunner.com
Helen Zidowecki	207-582-5308 (h)	hzmre@hzmre.com
Tracy McNaughton	207-623-3110 (h)	tracy.mcnaughton@yahoo.com
Peggy Lamb	207 622-5174 (h)	plambflowers@outlook.com

Caring Cooperative support includes rides, meals, errands, get well and condolence cards as well as companion visits.

If you would like to request or suggest meal support: contact Martha Pelletier 685-9592.

If you would like to request or suggest cards: contact Angie Blevins, 592-5655 or Peggy Lamb 622-5174.

UCC Small Group Ministry



Looking for greater human and spiritual connection during this most disconnected of times? Small Group Ministry offers this vital need in our spiritual community, and so much more! For more information, contact Michael Conley at 207-248-7948 or at es-therpearl67@gmail.com.

UUC Office Hours – NEXT WEEK

UUC Office Hours

Tues, Wed, Thurs and Friday
8:00 am to 1:00 pm. <plus 7 flex hrs >

Church Administrator: Lynn M. Smith,
admin@augustauu.org or 622-3232

Interim Minister, Chloë Briedé

Email: chloeuucc@gmail.com

Office: (207) 623-3663

For pastoral emergencies please call her cell phone
(757) 234-1303. She will return your call as soon as
possible.

Minister Briede's office hours:

Monday No office hours - Sabbath

Tuesday Noon – 4:00 p.m.

Wednesday Noon – 4:00 p.m.

Thursday Noon – 4:00 p.m.

Friday No office hours – Writing day

<Other hours available by appointment>

Staff Contact information:

Church Administrator, Lynn M. Smith, admin@augustauu.org, Phone 622-3232

Coordinator of Lifespan Faith Formation, Monique McAuliffe, LifespanFF@augustauu.org

Music Director, Bridget Convey, musicdirector@augustauu.org