

Weekly E-Blast

Unitarian Universalist Community Church
Wednesday, November 17, 2021

Upcoming Services

Worship Theme for November: Holding History

Let us explore the challenges and adventures of **Holding History**.

<p>THIS Sunday</p> <p>November 21, 2021 10:00 a.m. via Zoom</p> <p>UCC Zoom room</p>	<p><u>"Gathered at the Table"</u> Chloë Briedé, UCC Interim Minister</p> <p>This holiday season many of us will gather, both virtual and in-person, with family, friends, and our church community. Practices of forgiveness, compassion, and generosity can help us come together. This service will be the beginning of the Unitarian Universalist Service Committee's Guest at Your Table program.</p> <p>Special thanks to our worship associate Susan Burnett, our pianist Karen Foust and our Sunday tech, Marty Peters.</p> <p> Pumpkin Bread Social Join us Sunday, November 21 from 1-3 pm at Mill Park for pumpkin bread, coffee, and cider. This is a chance to gather together again as a community before winter sets in. Please dress warmly and wear a mask. There will be picnic tables and disposable cups but you are invited to bring a mug for your coffee/cider and a chair.</p> <p>We will also get a chance to view some Holiday Fair items AND choose a tag to purchase a gift for the Family Violence Project this holiday season.</p> <p><u>Join us! We are excited to see you!</u></p>
<p>NEXT Sunday</p> <p>November 28, 2021 10:00 a.m. via Zoom</p> <p>UCC Zoom room</p>	<p>"Power, Partnership, and Change" Chloë Briedé, UCC Interim Minister</p> <p>On this Thanksgiving Sunday, join us for a sermon from the Unitarian Universalist Service Committee's President and CEO, the Rev. Mary Katherine Morn. Chloe will lead us through worship as we reflect on Rev. Morn's message and our own call to power and change.</p> <p>Special thanks to our worship associate Sara Hodgkins, our pianist Karen Foust and our Sunday tech Marty Peters.</p>

**All worship services AND virtual events (unless noted) are held in the
UCC ZOOM ROOM**

Other ways to UCC Zoom Room Zoom:

- 1. Join from your internet browser by clicking this link or typing this into your browser:
<https://zoom.us/j/8238070673>, launch Zoom, then enter **passcode: 6971****
- 2. Select “Join Meeting” from the Zoom application on your computer or mobile device.**

UCC Meeting ID: 823 807 0673 – then enter **passcode: 6971**

- 3. Join by phone: dial 1 646 558 8656 (NOTE: toll charge may apply)**

At first prompt (meeting id: 823 807 0673#)

At second prompt: press # (no personal id needed) <No passcode needed when joining by phone>

NOTE---*6 is mute AND un-mute on your phone. The host cannot mute or un-mute people who phone-in.

HOSTS: Once in your meeting, claim the host using the HOST KEY as you have done in the past.

**Did you miss last Sunday’s worship service "Recovenanting in a New World:
We Were, We Are, and We Can Be." Small Group Ministry**

Watch the service by clicking the following link:

[Link to 11/14 "Recovenanting in a New World" service](#)

A Message from the Minister

I really enjoyed the service on Sunday shared by the Small Group Ministry Team. It was a beautiful reminder of the power of small groups built on trust and companionship. I felt like it gave each of us a glimpse of these groups and their struggles and triumphs through COVID. Thank you to all who participated!

I hope you have been enjoying this late fall weather. It is beautiful to watch how the light falls on the earth, along with the last signs of life as it gets colder. I hope to share a poem about this time of year in worship on Sunday. The practice of noticing the seasons is powerful, especially when we feel pulled away from the present moment.

This Sunday is also our pumpkin bread social at 1 pm at Mill Park. I spent Monday baking for church, some pies for the pie sale and pumpkin bread for our social. I love an excuse to bake. It is one of the places where I feel the most mindful and grounded. I am looking forward to seeing everyone in person. I have heard folks say, “by seeing each other, we may heal.” I hope we can gather together and begin to see each other again, as a community in all our complexity and beauty.

As always, you are invited to reach out to me for any reason. I am available for a conversation by appointment. As an interim, I am especially interested in getting to know individual members and hearing your thoughts. Additionally, I am available for pastoral care conversations on a range of topics.

With blessings on your week,
Chloe Briede, Interim Minister
chloeucc@gmail.com
207-623-3663

Connections

Saturday, November 20th **Transgender Day of Awareness**

We have been invited to join Green Street United Methodist Church (13 Green St., Augusta) on Zoom on **November 20th at 6pm** to remember all who were tragically lost to anti-transgender violence.

The Zoom link to join is:
[Green St. UMC Zoom link](#)

For more information about the annual Transgender Day of Remembrance,

please visit GLAAD: <https://www.glaad.org/tdor>

THIS SUNDAY, 11/21 **Pumpkin Bread Social**

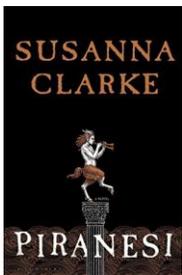
Join us on Sunday, November 21 from 1-3 pm at Mill Park for pumpkin bread, coffee, and cider. This is a chance to gather together again as a community before winter sets in. Please dress warmly and wear a mask. There will be picnic tables and disposable cups but you are invited to bring a mug for your coffee/cider and a chair.

We will also get a chance to view some Holiday Fair items AND choose a tag to purchase a gift for the Family Violence Project this holiday season.

Join us! We are excited to see you!

Read, learn, Share - December 2nd

We will meet in the UCC zoom room on Thursday December 2, 2021 to discuss Piranesi. We begin at noon and end at 1:30. Anyone who is interested in this book is welcome to join us whether or not you have attended before. For more information about this or any meeting of the group, contact June Zellers at jzellers@roadrunner.com or Kathy Kellison at kell6787@gmail.com We would love to have you join us!



'Clarke's power certainly extends beyond mere suspense, but her story relies on the steady accretion of apprehension that finally gives way to a base-shifting revelation.' Washington Post

Weekly Events

Monday

Each week

6:30 – 8:00

p.m.

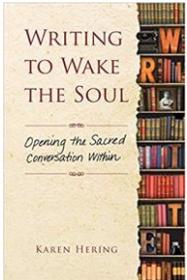


Peaceful Heart Sangha

You may join us at 6:15 to settle in.

The login and password information has changed. Please contact Marty Soule for updated login information at email martysoule@gmail.com.

FMI: peacefulheartsangha@gmail.com

<p>Wednesdays <u>Each Week</u> 5:00 – 6:00 <u>p.m.</u></p>	<p align="center">Gentle YOGA Hosted by Debbie Mattson</p>  <p>Please join us a few minutes before 5:00 to settle in so we can begin our class right at 5:00 p.m. Zoom Login:</p> <p align="center">Click link below to join. https://maine.zoom.us/j/95825651125?pwd=UWJpOVFjVFJGb3dMWmZoOTRXa3VoUT09 Password 174192 - FMI: DebbieMattson@hotmail.com</p>
<p>Thursdays <u>Each Week</u> 8:00 – 9:30 <u>a.m.</u></p>	<p align="center"><u>Peaceful Heart Sangha</u></p> <p>You may join us at 7:45 a.m. to settle in. Meet from 8-9:30</p> <p>The login and password information has changed. Please contact Marty Soule for updated login information at martysoule@gmail.com. FMI: peacefulheartsangha@gmail.com</p> 
<p>2nd & 4th Wednesday 10:30 a.m. - <u>Noon</u></p>	<p align="center"><u>Seasoned Souls</u></p> <p>Seasoned Souls is a group of older church members that meet as a study/support group to talk openly about topics related to the aging process. Seasoned Souls is open to any church member over 65 years of age.</p> <p>We will meet via Zoom - Meeting ID 823 807 0673 the 2nd and 4th Wednesday of each month from 10:30 a.m. until noon. FMI: , please contact Diane (dmoongrove@gmail.com or 446-6162) or Stefanie (stefbarley@gmail.com or 629-8890)</p>
<p>2nd & 4th Thursday 9:00 – 10:30 <u>a.m.</u></p>	<p><i>Writing to Wake the Soul</i> We meet the 2nd and 4th Thursday of each month - 9:00 - 10:30 a.m. in the UCC Zoom Room</p>  <p>This is an open group and if you would like to participate in this event Join using: Meeting ID: 823 807 0673, Password: 6971</p> <p>We gather and write together to explore spiritual themes. The writing is used as a conveyance to connect more deeply with ourselves and each other. We are not writing to develop skill. Come and try it out; there is no obligation to come each time we gather.</p>

ALL church events and meetings are reflected on the UCC calendar
Click below to view ALL events, including any group meetings or other business meetings.
<https://www.augustauu.org/calendar-and-communications/>

Notices / Updates / News

Condolences to the Caldwell family:

Susan Caldwell's mother, Shirley Hemphill Jessup, 91, of Topsham, Maine, passed away peacefully on November 11, 2021. In the week before her passing, her loving family gathered to visit and celebrate her life and say farewell. Shirley's obituary will be in today's Kennebec Journal. A service will be held at St. Paul's Episcopal Church in Brunswick, Maine, in the spring of 2022, where her ashes will be returned to the earth.

Condolences may be sent to Jim and Susan Caldwell, 150 Indiana Road, West Gardiner, ME 04345

Condolences to Mary Shifman

We are sorry to share a note from Mary Shifman. Her partner, Dennis Owen Caissie, died on Sunday, Oct. 31, 2021, unexpectedly at home in Jefferson. A memorial service will be held at a later date and time to be announced.

Condolences may be sent to Mary at 207-549-7719, shifmanmary@gmail.com or to 343 Sennett Road, Jefferson, ME 04348.

We have TWO upcoming fundraisers:

The Pie Sale and the Holiday Fair. (Notices below...)

Visit our website at www.augustauu.org to find the *Holiday Fair Catalog*. Scroll down past [News and Events] to [Upcoming Events].

The Annual Pie Sale is BACK!!

Hey guys, if you don't bake pies, would you buy one for our annual UUCC fundraiser Pie Sale Nov. 20?

Kents Hill Orchards (Tel. 713.3055), Apple Shed Bakery (685.3522) and Lakeside Orchards of Manchester (622.2479) all make delicious pies. Hannah Faulkner will even pick your pie up for you on Friday, Nov. 19, if you place your order this week and pay in advance.

We have about a dozen fresh and frozen holiday desserts promised so far, but we would like many more to meet our goal. The Pie Sale will be held at Longfellow's Greenhouse (81 Puddleduck Rd., Manchester).

Please bring your fresh or frozen pies to the UU church (Summer Street entrance) no later than **4 p.m. on Friday, Nov. 19**. Or, bring your pie donation directly to Longfellow's no later than 9 a.m., Saturday, Nov. 20. Masks are required! Thank you!

Catherine Palmer, Hannah Faulkner and Kathy Ann Shaw.

The 2021 UUCC FAIR COMETH!!

Below is the link to find the catalog for the Winter Wonderland Fair 2021 — 69 pages of wonderful items for you, for loved ones, for gift giving. Share this link with MANY so lots get to see the wonderful items available for sale to support the mission and work of UUCC.

Nancy Fritz will begin taking orders on November 4, 2021, no earlier than 8:00 AM! If previous experience is repeated many items sell quickly so enjoy browsing the catalog and make that call to Nancy.

Payment for your purchases and distribution of items will be on Dec. 4 at the church from 10 AM to Noon. If you have further questions, please call Nancy Fritz or Martha Naber.

Click here for the link to the →→→ [UUCC Winter Wonderland Catalog 2021](#)

Soul Matters Packet – We would like your comments

The November Soul Matters Packet was sent out with the Nov. 3rd E-Blast. As noted in The Flaming Chalice newsletter that was sent out last week, we would like your comments on the monthly Soul Matters Packets.

Your thoughts on the following questions can be sent to Minister Chloe (chloeucc@gmail.com) or Helen Zid-owecki (hzmre@hzmre.com). Thanks.

1. Are the packets helpful in connecting you with the theme of the month?
2. How and when have you used the Packets?
3. What suggestions do you have regarding the packets?

The November Soul Matters Packet on Holding History includes some Tidbits of UUCC history. We hope you will read those. We are adding Tidbits to the E-Blasts for November. Below is our first historical tidbit.

Another Tibit: A practice started at UUCC in September 2001 and developed into the present practice in 2008. In addition to the meeting twice a week, there are various programs and workshops, meeting in other settings and with other practices. Participants contribute UUCC in many ways, including contributing one of the ongoing rituals in the Sunday services. Have you participated in this practice? What is the ritual mentioned here?

**** The answers to the all of the Tidbits will be noted toward the end of November. ****



CALLING ALL SINGERS and INSTRUMENTALISTS!

We have another exciting music video in the works for Music Sunday 12/5. We are inviting the entire congregation to participate, all are welcome! **DEADLINE is Monday 11/22.**

We will be creating a collaborative music video featuring the hymn "In the Bleak Midwinter". Below is the link to the shared Google drive folder, which contains everything you will need.

<https://drive.google.com/drive/folders/1KpMv1NW10x9Qd9gPY6t214B0KKW2QuQK?usp=sharing>

If you need specific sheet music for your instrument (flute, clarinet, violin, etc.) please contact: dmccormick11@aol.com. Many thanks to Karen Allen for creating all of these files and documents for us!

Questions? Please reach out to Bridget Convey at musicdirector@augustauu.org.

You can also reach out to Dale McCormick: dmccormick11@aol.com or Karen Allen at kwallen@zwi.net.

Please join us in celebrating Music Sunday! Have fun!!!

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Bridget Convey (she/her)

"Music gives a soul to the universe, wings to the mind, flight to the imagination and life to everything" - Plato

MUUSAN's Online Fall Auction

***** Please share this with your family and friends *****

The success of our MUUSAN Fall Auction depends on all of you!

This is our very first online auction, and it's a fun and effective way for you to support the important work of the Maine Unitarian Universalist State Advocacy Network (MUUSAN). MUUSAN can use your help to support our work bringing about positive change through legislation and public policy and to educate and empower our citizens to take part in our democracy at the state level.

Go to - <https://www.32auctions.com/muusan>

The auction ends on Tuesday, November 30th. Since some of you may be bidding on items for holiday gifts, we will do our best to mail them to you as soon as the auction ends!

If you have any questions you can email our Auction Coordinator at: jlinzee@comcast.net or call at 207-677-3703.

THANK YOU so much to all of the MUUSAN members and partner organizations who have donated items to our auction - and to all of YOU for your auction participation.

Update from COVID-19 Advisory Group

The plan for reopening UUCG for in-person, indoor gatherings approved by the Board on August 12, 2021 depends on the COVID-19 pandemic being under control in our state and county. The Board adopted a Maine CDC metric that measures “community (person to person) transmission” of the virus. **The necessary CDC metric for us to reopen is no more than 10 new cases per 10,000 people in Kennebec County or the State of Maine.**

The present CDC metric data indicates that it is still unsafe for us to safely reopen.

<u>14 day average</u>	<u>Oct 21</u>	<u>Oct 28</u>	<u>Nov 4</u>	<u>Nov. 11</u>
Kennebec County	46.93	49.06	53.96	64.43
State	44.46	47.70	49.63	45.51

Dr. Don on Covid-19

Dr. Don on COVID 19 COVID Rapidly Increasing in Maine Public Schools

According to the Maine Department of Education’s dashboard, there have been 4,875 COVID-19 cases reported at Maine schools over the past 30 days, as well as outbreaks at 163 schools. The Gardiner Regional Middle School is a local case in point. According to Maine School Administrative District 11 Superintendent Patricia Hopkins, the school was forced to cancel classes on Monday due to a shortage of staff and numerous positive COVID-19 cases.

Hopkins said Monday in a message to parents that the school would switch to remote learning for the rest of the week. All other MSAD 11 schools will continue with in-person learning. “We ended last year anticipating that this year would be back to normal or more normal than it was last year, and in fact, it’s actually been harder for most of us” Hopkins said. She said that nine or 10 students have COVID-19 and others are being tested and are waiting for results. She hopes the school will return to in-person learning on Nov. 22.

An elementary school in Freeport also shifted to remote learning this week due to increasing COVID-19 cases. Mast Landing School, which serves grades three to five, saw eight new cases of the virus last week and 20 cases over the past two weeks. “Due to these increased numbers and in consultation with the CDC, Mast Landing School will have remote learning next week (November 15-19). Pooled testing continues to go well in all of our schools. I encourage everyone to consider this option,” Regional School Unit 5 Superintendent Becky Foley wrote in a letter to parents.

A health official with Northern Light Health said one reason for the spike in cases at schools is outdoor learning is being moved indoors with winter approaching. “The weather is getting a little bit cooler, so people are getting a little bit closer together than what they were a few weeks ago,” said Suzanne Morsehead of Northern Light Health. “Viruses tend to spread a little bit more easily in cooler temperatures.” Morsehead said basic hygiene practices, such as hand-washing and social distancing, can help limit the spread of the virus.

The Maine Department of Education said that increases in cases among the community will also lead to increases in cases at schools. Unfortunately Maine CDC reported 945 new cases of COVID-19 and 13 deaths on Tuesday, not new records but still some of the highest totals seen in Maine since the beginning of the pandemic. It seems likely increased cancellation of public school in-person classes will soon follow.

Send your questions, comments or suggestions to naber@zwi.net

Ad-hoc Covid-19 Advisory Group

This group has generously volunteered to be available to support members with personal safety, health or travel questions, concerns, or anxieties. Feel free to reach out to one of them directly.

Betty Cairn, RN	StonehengeMaine@yahoo.com	207-215-6394
Terry Lee Cairn, ND, MSOM, Lac.	tlcnaturalhealth@yahoo.com	207-557-2557
Harry Grimmnitz, MD	hgrimmnitz@gmail.com	207-685-9270
Don Naber, Ed.D	naber@gwi.net	207-887-1104
Cathie Nielsen, MD	cathieenielsen@gmail.com	207-441-0248
Marty Soule, PA-C	martysoule@gmail.com	207-685-9270

UUCS Pastoral Ministry Team

We are here for you. Feel free to reach out in times of need for compassionate listening, for casual conversation, to share some good news, to share your struggle or just to say hello.

Martha Pelletier, Chair	207-685-9592 (H)	Mjpell14@roadrunner.com
Helen Zidowecki	207-582-5308 (h)	hzmre@hzmre.com
Tracy McNaughton	207-623-3110 (h)	tracy.mcnaughton@yahoo.com
Peggy Lamb	207 622-5174 (h)	plambflowers@outlook.com

Caring Cooperative support includes rides, meals, errands, get well and condolence cards as well as companion visits.

If you would like to request or suggest meal support: contact Martha Pelletier 685-9592.

If you would like to request or suggest cards: contact Angie Blevins, 592-5655 or Peggy Lamb 622-5174.

UUCS Small Group Ministry



Looking for greater human and spiritual connection during this most disconnected of times? Small Group Ministry offers this vital need in our spiritual community, and so much more! For more information, contact Michael Conley at 207-248-7948 or at es-therpearl67@gmail.com.

UUC Office Hours – NEXT WEEK

UUC Office Hours

Tues, Wed, Thurs and Friday
8:00 am to 1:00 pm. <plus 7 flex hrs >

Church Administrator: Lynn M. Smith,
admin@augustauu.org or **622-3232**

Interim Minister, Chloë Briedé
Email: chloeuucc@gmail.com
Office: **(207) 623-3663**

For pastoral emergencies please call her cell phone
(757) 234-1303. She will return your call as soon as
possible.

Minister Briede's office hours:

Monday	No office hours - Sabbath
Tuesday	Noon – 4:00 p.m.
Wednesday	Noon – 4:00 p.m.
Thursday	Noon – 4:00 p.m.
Friday	No office hours – Writing day

<Other hours available by appointment>

Staff Contact information:

Church Administrator, Lynn M. Smith, admin@augustauu.org, Phone 622-3232
Coordinator of Lifespan Faith Formation, Monique McAuliffe, LifespanFF@augustauu.org
Music Director, Bridget Convey, musicdirector@augustauu.org