

# Weekly E-Blast

Unitarian Universalist Community Church  
Wednesday, August 3, 2022

## In this Issue:

- [Upcoming Services](#)
- [Upcoming Special Events](#)
- [Ongoing Connections](#)
- [Notices / Updates / News](#)
- [COVID-19 Updates / News](#)
- [General / Contact Info](#)



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[www.augustauu.org](http://www.augustauu.org)

[Zoom](#)  
[Room](#)

## A Message from our new Minister

Dear Members and Friends of UUC,

Today I am feeling gratitude and joy for the privilege of being able to swim outside in the beautiful clean waters of Maine. Yet, my heart is heavy for the people and places experiencing floods and droughts on many parts of the globe. Water is a powerful element able to nourish and destroy. I feel helpless, so I pray to water, I thank water, I honor water by experiencing water as alive and sacred, a substance with consciousness aware of my love and attention.

I offer you my love and attention as I begin our ministry together. Over the next few weeks, I am meeting with some of your committees to get to know the leaders and how your congregation functions. My working days are Wednesdays and Thursdays so please reach out if you would like to meet with me in person or on zoom. I look forward to our first worship service together on September 11<sup>th</sup>. Meanwhile I offer you the poem *Praise the Rain* by Joy Harjo.

Many blessings,  
Christina

[minister@augustauu.org](mailto:minister@augustauu.org)  
(207) 807-9232

Praise the rain; the seagull dive  
The curl of plant, the raven talk—  
Praise the hurt, the house slack  
The stand of trees, the dignity—  
Praise the dark, the moon cradle  
The sky fall, the bear sleep—  
Praise the mist, the warrior name  
The earth eclipse, the fired leap—  
Praise the backwards, upward sky  
The baby cry, the spirit food—  
Praise canoe, the fish rush  
The hole for frog, the upside-down—  
Praise the day, the cloud cup  
The mind flat, forget it all—

Praise crazy. Praise sad.  
Praise the path on which we're led.  
Praise the roads on earth and water.  
Praise the eater and the eaten.  
Praise beginnings; praise the end.  
Praise the song and praise the singer.

Praise the rain; it brings more rain.  
Praise the rain; it brings more rain.

## Upcoming Services

<p><b>THIS Sunday</b> August 7, 2022</p> <p><b>10:00 a.m. IN-PERSON</b> Ingathering music to begin at 9:50 a.m.</p>	<p><b>“Hearts of the Poets”</b> Kenneth Farrington and other poets</p> <p>This Sunday morning service will unleash the hearts of the poets in our midst. We will gather to share our passion for poetry and our differences in presentation. We come together to reach the hearts of our congregants.</p> <p>A special thank you to everyone who is participating in this service. John Seksay will be our worship associate with Angie Blevins managing technology. Karen Foust will be our pianist. Sean and Nancy Fritz will be presenting our post service coffee fellowship.</p>
<p><b>NEXT Sunday</b> August 14, 2022</p> <p><b>10:00 a.m. IN-PERSON</b> Ingathering music to begin at 9:50 a.m.</p>	<p><b>"Diversity, Equity and Inclusion, DEI. What is it and what does it have to do with us."</b> Ida Gammon and Priscilla Jenkins</p> <p>All the stories that have tumbled out since the killing of George Floyd, historical, current and ongoing, tell how people are not seen or treated as equals because of their diversity. It happens not just to blacks but also to Asians, and many others. Inclusion and having a voice “at the table” and being “seen” is the way forward. What tools are DEI committees offering? What is incumbent on us as individuals and in our groups and organizations. Come, let’s explore!--</p> <p>A special thank you to everyone who is participating. Sara Hodgkins will be our worship associate with Marty Peters doing technology. Hannah Faulkner will be our pianist. Lynn Smith and Ken Farrington will be presenting our post service coffee fellowship.</p>

**Sunday worship service is now being held *IN-PERSON* in the Sanctuary.**

Our services are no longer accessible by Zoom

***If you want to watch the livestream of the service, please visit:***

<https://boxcast.tv/channel/mtifpthOutvesjqgjyej>

If you missed a service or want to watch a service again, the link above also allows access to prior services. Click on the play button on the video of the “broadcast date” you are interested in watching.

## Special Events / Opportunities



**Sunday, August 14, 2022**  
**6:00 p.m. in the Church Sanctuary**

### UUCC Movie Night

Social Activities Committee and the Lifespan Faith Formation Coordinator are collaborating to present movies that depict “social equity issues” that are important to our church.

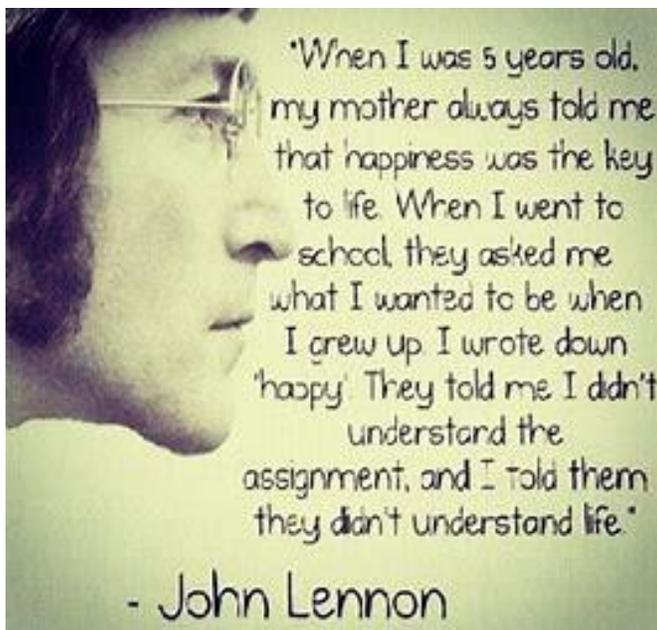
On Sunday, August 14<sup>th</sup>, the movie FROZEN RIVER will be shown. This is a story of two mother’s lives in economic survival, forced into desperate circumstances.

This powerful movie realistically depicts the boundaries between two cultures that do not like each other until they need each other; smuggling immigrants from Canada over a Mohawk reservation; and the injustices of economic, emotional and social effects of extreme poverty.



**Event is FREE.** FMI: Contact Cheryl Clukey at [cherylukey5@yahoo.com](mailto:cherylukey5@yahoo.com)

### Peaceful Heart Sangha now practices on zoom and in person.



Come join us **in person** for **Monday mindfulness meditation practice 6:30-8 pm July 25 and August 1, 15, and 29** in the UUCC sanctuary (dates with odd numbers). We will practice on zoom August 8 & 22 (dates with even numbers). We also practice on zoom on Thursday mornings 8-9:30 and will be moving to some in person soon.

Sangha begins with time for settling in and 20 minutes of sitting meditation. This is usually followed with 10-15 minutes of walking meditation, special offerings and a time for sharing.

For zoom details contact [martysoule@gmail.com](mailto:martysoule@gmail.com) or [peacefulheartsangha@gmail.com](mailto:peacefulheartsangha@gmail.com)

## Sunday Morning Hospitality Volunteers

Each Sunday a few people supply snacks and coffee/beverages for fellowship following the service. The following individuals have volunteered:

- |   |   |
|---|---|
| <p>8/07/22 Sean and Nancy Fritz</p> <p>8/14/22 Lynn Smith and Ken Farrington</p> <p>8/21/22 Martha Pelletier and Tracy McNaughton</p> <p>8/28/22 Hannah Faulkner and Kathy Shaw</p> | <p>9/4/22 Hannah Faulkner, Betty and Terry Cairn<br/>With a belated birthday celebration for Helen Z</p> <p>9/11/22 The UUCC Board of Trustees<br/>Welcoming Christina Sillari at fellowship</p> <p style="background-color: cyan;">9/18/22 Available</p> <p style="background-color: cyan;">9/25/22 Available.</p> |
|---|---|

Contact Susan Burnett at [slcburnett@me.com](mailto:slcburnett@me.com) to volunteer for one of the available September dates OR for any other Sunday this next church year.

## Connections by Day of the Week

ALL church events and meetings are reflected on the UUCC calendar  
Click below to view ALL events, including any group meetings or other business meetings.  
<https://www.augustauu.org/calendar-and-communications/>

*Some events are still being held in the UUCC Zoom Room.*

[Click here to join Events in the Zoom Room:](#)

For other ways to join Zoom, see [General Information](#)



**Zoom meeting id: 823 807 0673 – Password: 6971**

<p><b><u>Monday</u></b> Each week</p> <p><b><u>6:30 – 8:00</u></b> <b><u>p.m.</u></b></p> <p><b><u>Please note:</u></b> <b><u>location</u></b> <b><u>changes</u></b> <b><u>weekly</u></b></p>	<p style="text-align: center;"><b><u>Peaceful Heart Sangha</u></b></p> <p style="text-align: center;">You may join us at 6:15 to settle in.</p> <p><u>NEW SCHEDULE</u> for SANGHA Monday meetings for July 25 and the month of August. Stay tuned for the September and beyond schedule.</p> <p style="text-align: right;"></p> <p>-- <b>IN-PERSON in the UUCC Sanctuary</b> - July 25 and August (Aug. 1, 15 and 29). (odd dates) <b>BY Private ZOOM</b> - On the odd dated Mondays in August (Aug. 8 and 8/22). (even dates)</p> <p>Please contact Marty Soule for updated login information at: email <a href="mailto:martysoule@gmail.com">martysoule@gmail.com</a>. FMI: <a href="mailto:peacefulheartsangha@gmail.com">peacefulheartsangha@gmail.com</a></p>
<p><b>- See next page for More Connections by Day of the Week</b></p>	

<b>- More Connections by Day of the Week -</b>	
<b><u>Wednes- days</u></b> Each Week <b><u>5:00 – 6:00</u></b> <u>p.m.</u>	<p><b><u>Gentle YOGA</u></b></p> <p>Hosted by Debbie Mattson</p>  <p>Please join us a few minutes before 5:00 to settle in so we can begin our class right at 5:00 p.m. Click the link below to join.</p> <p><a href="https://maine.zoom.us/j/95825651125?pwd=UWJpOVFjVFJGb3dMWmZoOTRXa3VoUT09">https://maine.zoom.us/j/95825651125?pwd=UWJpOVFjVFJGb3dMWmZoOTRXa3VoUT09</a></p> <p>Password <b>174192</b> - FMI: <a href="mailto:DebbieMattson@hotmail.com">DebbieMattson@hotmail.com</a></p>
<b><u>2nd &amp; 4<sup>th</sup> Wednesda y</u></b>  <b><u>10:30 a.m. - Noon</u></b>	<p><b><u>Seasoned Souls</u></b></p> <p>Seasoned Souls is a group of older church members that meet as a study/support group to talk openly about topics related to the aging process. Seasoned Souls is open to any church member over 65 years of age. We will meet in the UUCS Zoom Room.</p> <p>FMI: please contact Diane (<a href="mailto:dmoongrove@gmail.com">dmoongrove@gmail.com</a> or 446-6162) or Stefanie (<a href="mailto:stefbarley@gmail.com">stefbarley@gmail.com</a> or 629-8890)</p>
<b><u>Thursdays</u></b> Each Week  <b><u>8:00 – 9:30</u></b> <u>a.m.</u>	<p><b><u>Peaceful Heart Sangha</u></b></p> <p>You may join us at 7:45 a.m. to settle in. Meet from 8-9:30</p> <p>Please contact Marty Soule for updated login information at <a href="mailto:martysoule@gmail.com">martysoule@gmail.com</a>. FMI: <a href="mailto:peacefulheartsangha@gmail.com">peacefulheartsangha@gmail.com</a></p> 
<b><u>2nd &amp; 4<sup>th</sup> Thursday</u></b> By Zoom  <b><u>9:00 – 10:30</u></b> <u>a.m.</u>	<p><b><u>Writing to Wake the Soul</u></b></p> <p>This is an open group that gathers and writes together to explore spiritual themes. The writing is used as a conveyance to connect more deeply with ourselves and each other. We are not writing to develop skill.</p> <p>Come and try it out; there is no obligation to come each time we gather. We meet in the UUCS Zoom Room. For more information, please contact Debbie at (207)557-2697 or <a href="mailto:deb-biemattson@hotmail.com">deb-biemattson@hotmail.com</a></p>
<b><u>1<sup>st</sup> Thursday</u></b>  <b><u>Noon-1:30</u></b> <u>p.m.</u>	<p><b><u>Read, Learn, Share</u></b></p> <p>We will resume meetings in the UUCS zoom room from Noon – 1:30 on Oct 6th</p> <p style="background-color: cyan; display: inline-block; padding: 2px;">&lt;See Notices for a CORRECTION to the first two books&gt;</p> <p style="color: red; text-decoration: underline;">Next Meeting is Oct 6th</p>
	<b>- See next page for More Connections by Day of the Week</b>

	<b>- AND Even More Connections by Day of the Week -</b>
<p><b><u>4<sup>th</sup> Friday</u></b></p> <p><b><u>6:30 – 8:30</u></b> <b><u>Sanctuary</u></b></p> <p><b>Next Meeting is Aug. 26</b></p>	<p style="text-align: center;"><b><u>Free Style Drum Circle</u></b></p> <p>The Augusta Community Drum Circle is a free style drum circle welcoming people of all ages, walks of life, and abilities. Free style means no one is assigned ‘pieces’ to play. Just play! Or don’t play! Just come watch, sing, dance, or bring your own instruments. No one cares if you’ve never played before or if you make a mistake. As long as you are having fun you can’t get it wrong! <u>ALL are welcome.</u> Event is FREE, No RSVP, just come!</p> <p>The Drum Circle meets the fourth Friday of each month at 6:30 pm in the Sanctuary. For more information you can contact Mike Moody at <a href="mailto:mtmoods@gmail.com">mtmoods@gmail.com</a> or 229-1118.</p>
<p><b><u>4<sup>th</sup> Sunday</u></b></p> <p><b><u>1-2:30 p.m.</u></b> <b><u>By Zoom</u></b></p> <p><b>Next Meeting is Aug 28</b></p>	<p style="text-align: center;"><b><u>Goddess / Earth Circles</u></b></p> <p>Goddess/Earth Circles will meet August 28, 2022 at 1-2:30pm on UUCC Zoom</p> <p style="text-align: center;">See UUCC website: Church Life/Goddess: Meetings and Archives</p> <p>Goddess/Earth Circles focuses on Goddess, women’s lives and earth-based spirituality. All ages and genders welcome. Contact: Helen Zidowecki (582-5308, <a href="mailto:hzmre@hzmre.com">hzmre@hzmre.com</a>) and see UUCC website.</p>

**Notices / Updates / News**

**Thank you, Thank you, Thank you.**

Thanks to all that were able to contribute to our Sunday, September 17<sup>th</sup> Share the Plate collection.

Thanks to your generous donations, \$208.60 will be given in full to **Maine Family Planning.**

**READ LEARN SHARE**      **CORRECTION**

In OCTOBER we will be discussing Ruth Ozeki’s novel The Book of Form and Emptiness. Because we alternate fiction and non-fiction, the book for NOVEMBER will be The Library Book by Susan Orleans.

The full list of books for the year will be announced in the fall newsletter.

For more information, contact June Zellers at [jzellers@roadrunner.com](mailto:jzellers@roadrunner.com) or Kathy Kellison at [kell6787@gmail.com](mailto:kell6787@gmail.com).

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## Has YOUR Contact Information Changed?

A new Church Directory is being prepared with updated UUCC leadership information AND contact information for church members and friends.

**Has any of YOUR contact information changed?** (e-mail, phone, physical or mailing address?)

If so, please report any changes to the Office Administrator.  
Admin phone (207) 622-3232 or email [admin@augustauu.org](mailto:admin@augustauu.org)

**DEADLINE to submit changes is Wednesday, August 16<sup>th</sup>**

[HELP US](#) keep in touch with you and keep you informed.

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### Summer Schedule of Office Hours, Vacation and Church Publications

As I continue to work on updating Office systems this summer, the following changes will continue as follows:

- **E-blasts will be produced every OTHER week.** The schedule is as follows:

E-Blast (8/3)	NO E-blast (8/10)
E-Blast (8/17)	NO E-Blast (8/24)
E-Blast (8/31)	

- **Summer Office hours will change**

NEW Office Hours will be Tues, Wed and Thurs from 8:00 a.m. to 2:00 p.m.

There will be NO office hours on Friday. I will still produce the Order of Service but will otherwise spend the day working on the updates solely.

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## **Social Justice Committee News**

Five and a half years ago, I joined a crowd of people in the Fellowship Hall at St. Mark's Episcopal Church to talk about creating a structure to welcome and support immigrants and refugees in the Capital Area. Dotted among the crowd were other members of our church. The energy in the room was high; we wanted to help create and sustain an integrated and thriving community in Central Maine. From this meeting and many more, Capital Area New Mainers Project (CANMP) emerged.

Members of our church have continued to be an integral part of CANMP. Currently, three members of the Social Justice Committee are part of a Family Mentor Team for a family of 5 from Afghanistan. As members of the team, we reach out to the family in friendship and assist their transition to a new community in a new country. Please check out the website <https://www.newmainersproject.org/>. It is informative, inspirational and invites all each of us volunteer to support our immigrant neighbors. Or, email [debbiemattson@hotmail.com](mailto:debbiemattson@hotmail.com) to learn more about CANMP and Family Mentor Teams.

## **Healing Cards and Thoughts NEEDED**

Marcianne Rautenberg has been dealing with spinal stenosis for a couple of years. Since January her mobility has diminished to almost zero and her extreme pain has increased to severe and constant. This Thursday, she will undergo a spinal / back operation. She would appreciate cards and prayers.

Her address is: 200 So. Beech Rd., Pittston, ME 04345

Thank you, Cheryl Clukey

## **Board of Trustees**

### **Board Highlights:** from the June 9, 2022 (final meeting for FY21-22 meeting):

- The Treasurer's report was identical to the report presented to the congregation at the annual Meeting.
- The report of the Invested Funds committee also was the same as for the Annual Meeting.
- The Finance Committee reported on the impact of the stock market fluctuations, the strength of fundraising and stewardship efforts and recommended that \$250.00 be used to fund David Rand's registration fee for General Assembly.
- The Covid-19 Task Force recommended some changes to their guidelines for the church which the Board passed.
- Nancy Fritz as incoming Treasurer reminded the Board that signatures need to be updated on church accounts because of changes in officers. The Board named Nancy Fritz, Michaela Loisel as incoming President and Harry Grimmnitz as chair of Finance to be the designated signatories.
- There was discussion of the Interim Search situation.
- The Board agreed to meet in July.
- There was a vote not to rent the currently vacant space in Judd House to see if the church itself can make use of it.
- The final item was a discussion of Choe's evaluation.

### **Board Highlights:** from the July 14, 2022 meeting:

- There was no Treasurer's report as the end of year expenses are still being tallied. There may be a small carryover to next year.
- Marilyn Dunn, Chair of Invested Funds has been given access to the church's Endowment accounts.
- The Board voted to allow the incoming part-time interim minister, Christina Sillari and Treasurer, Nancy Fritz, to become signatories on the minister's discretionary fund.
- The Finance Committee reported that they met with the new bookkeeper. They also reported that the

Carie Johnsen Social Justice Fund has raised nearly enough funds to be self- sustaining.

- The hiring of part-time minister Christina Sillari was announced. She has signed a one-year contract. She will preach twice a month, from September through June, including Christmas Eve and will also provide pastoral care and staff supervision.
- Sean Fritz was appointed to the Committee on Ministry.
- Catherine Emery and Susan Burnett will begin planning a Board Retreat to be held on Sunday, September 18.
- Kathy Shaw, Michaela Loisel and Harry Grimmnitz will form a working group to decide on next steps for the reconciliation process outlined by Rev. Paul Langston-Daley. The next Board Meeting will be August 11.

Board meetings are open to ALL. If you have an item that you would like the Board to consider, please contact Michaela Loisel at [Michaelatloisel@gmail.com](mailto:Michaelatloisel@gmail.com).

Next Board meeting: August 11<sup>th</sup>, 2022

**Board Meeting minutes** are available from the UUC website (www.augustauu.org) at the following link

<https://www.augustauu.org/minister-staff-and-church-life/church-governance/board-of-trustees>

## COVID-19 Updates / News

The COVID-19 Advisory Group has not been actively meeting but will resume meetings soon. Stay tuned for updates.

## General Information

**Worship Services are now being held IN-PERSON**  
**Events may still be held virtually in the**  
***UUC ZOOM ROOM***

### ***Other ways to UUC Zoom Room Zoom:***

1. **Join from your internet browser by clicking this link or typing this into your browser:**  
<https://zoom.us/j/8238070673>, launch Zoom, then enter **passcode: 6971**
2. **Select “Join Meeting” from the Zoom application on your computer or mobile device.**

UUC Meeting ID: 823 807 0673 – then enter **passcode: 6971**

3. **Join by phone:** dial 1 646 558 8656 (**NOTE:** toll charge may apply)  
At first prompt (meeting id: 823 807 0673#)

At second prompt: press # (no personal id needed) <No passcode needed when joining by phone>

NOTE---\*6 is mute AND un-mute on your phone. The host cannot mute or un-mute people who phone-in.

**HOSTS:** Once in your meeting, claim the host using the **HOST KEY** as you have done in the past.

## **Ad-hoc Covid-19 Advisory Group**

This group has generously volunteered to be available to support members with personal safety, health or travel questions, concerns, or anxieties. Feel free to reach out to one of them directly.

Betty Cairn, RN	<a href="mailto:StonehengeMaine@yahoo.com">StonehengeMaine@yahoo.com</a>	207-215-6394
Terry Lee Cairn, ND, MSOM, Lac.	<a href="mailto:tlcnaturalhealth@yahoo.com">tlcnaturalhealth@yahoo.com</a>	207-557-2557
Harry Grimmnitz, MD	<a href="mailto:hgrimmnitz@gmail.com">hgrimmnitz@gmail.com</a>	207-685-9270
Don Naber, Ed.D	<a href="mailto:donnaber1364@gmail.com">donnaber1364@gmail.com</a>	207-887-1104
Cathie Nielsen, MD	<a href="mailto:cathieenielsen@gmail.com">cathieenielsen@gmail.com</a>	207-441-0248
Marty Soule, PA-C	<a href="mailto:martysoule@gmail.com">martysoule@gmail.com</a>	207-685-9270

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## **UUCS Pastoral Ministry Team**

We are here for you. Feel free to reach out in times of need for compassionate listening, for casual conversation, to share some good news, to share your struggle or just to say hello.

Martha Pelletier, Chair	207-685-9592 (H)	<a href="mailto:Mjpell14@roadrunner.com">Mjpell14@roadrunner.com</a>
Helen Zidowecki	207-582-5308 (h)	<a href="mailto:hzmre@hzmre.com">hzmre@hzmre.com</a>
Tracy McNaughton	207-623-3110 (h)	<a href="mailto:tracy.mcnaughton@yahoo.com">tracy.mcnaughton@yahoo.com</a>
Peggy Lamb	207 622-5174 (h)	<a href="mailto:plambflowers@outlook.com">plambflowers@outlook.com</a>

## **Pastoral Ministry SUMMER COVERAGE**

In the event of an emergency or a death, Helen Zidowecki, retired minister and member of the Pastoral Ministry Team, will step in. As in the past, Helen is also willing to be contacted regarding special services, so such requests can go directly to her.

### July and August PMT On-Call Schedule:

July 1 – 8	Martha Pelletier <a href="mailto:mjpell14@roadrunner.com">mjpell14@roadrunner.com</a>	685-9592
July 9 – 18	Tracy McNaughton <a href="mailto:tracy.mcnaughton@yahoo.com">tracy.mcnaughton@yahoo.com</a>	623-3110
July 19-Aug 26	Martha Pelletier <a href="mailto:mjpell14@roadrunner.com">mjpell14@roadrunner.com</a>	685-9592

**Caring Cooperative** support includes rides, meals, errands, get well and condolence cards as well as companion visits.

If you would like to request or suggest meal support: contact Martha Pelletier 685-9592.

If you would like to request or suggest cards: contact Angie Blevins, 592-5655 or Peggy Lamb 622-5174.

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## **UUCS Small Group Ministry**



Looking for greater human and spiritual connection during this most disconnected of times? Small Group Ministry offers this vital need in our spiritual community, and so much more! For more information, contact the Church Administrator at 207-622-3232 or [admin@augus-tauu.org](mailto:admin@augus-tauu.org).

## UCC Office Hours – NEXT WEEK

### UCC Office Hours NEXT WEEK

Summer Office Hours:

Tues, Wed and Thurs – 8:00 a.m. – 2:00 p.m.

Rev. Christina Sillari

Office Hours will be on Wednesday and Thursday

Times to be announced soon

[minister@augustauu.org](mailto:minister@augustauu.org)

(207) 807-9232

### Staff Contact information:

Church Administrator, Lynn M. Smith, [admin@augustauu.org](mailto:admin@augustauu.org), Phone 622-3232

Coordinator of Lifespan Faith Formation, M. Monique Bergère, [LifespanFF@augustauu.org](mailto:LifespanFF@augustauu.org)

Music Director, Bridget Convey, [musicdirector@augustauu.org](mailto:musicdirector@augustauu.org)